



DR.M.L.DHAWALE MEMORIAL TRUST

ANNUAL REPORT 2022-2023



**PALGHAR | BHOPOLI | MALAD |
MUMBAI KOLHAPUR|PUNE**

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Dr. M. L. Dhawale Memorial Trust Hospital, Palghar

Background

The Dr M L Dhawale Memorial Trust was established in 1987, after the untimely demise of Dr. M. L. Dhawale, an M.D who was a practicing Homoeopath. To fulfill his vision of service to Humanity through the spread of Scientific and Standardized Homoeopathy established the Trust by his students and patients. The Mission of the Trust is “Excellence in Integrated Homoeopathic Medical Care, Education, & Research to promote “Positive Health” in a cost-effective manner.

Our Trust’s main activities are:

- providing Health Care services to rural & tribal population of Palghar District, Maharashtra
- community development through education, self-help groups and livelihood
- managing health and needs of geriatrics
- managing mental & physical health of school children
- generating awareness of health services and promoting health-seeking behaviour
- complimenting Government healthcare services and filling gaps, if any
- running under-graduate and post-graduate degree colleges for Homoeopathy

We have received a number of accolades for our work from various Government and Non-Government agencies. Two most prestigious have been

- Govt of Maharashtra classified us as Service NGO for Vikramgad Taluka for Mother & Child Care project for three consecutive years.
- Ministry of AYUSH, qualified us for creating the Centre(s) of Excellence for the Departments of Psychiatry, Pulmonology, Clinical Research, and Medical Informatics in our Palghar hospital and provided a grant of Rs. 3 Crores

Highlights:

- 06th April 2022: Dr. M. L. Dhawale Memorial Trust Hospital appointed M/s Naeysha Healthcare Pvt Ltd for operating its management.
- 18th May 2022: Hb Machine was donated by Mr. Raichandbhai Shah ti the Dialysis unit.
- 26th May 2022: New benches were donated by Mr. S Ganapathy for the patient's and relatives' seating area.
- 9th June 2022: Tempo traveler donated by ICICI Bank.
- June 2022: Phaco machine for cataract surgeries and NST machine
- 15th Aug 2022: Azadi ka Amrut Mahotsav celebration & Corona warrior Certificates given to Employees.
- 16thDec 2022: Inauguration of upgraded Eye Clinic
- 8th March 2023: Women’s Day celebration program.
- 16th March 2023: Annual cultural days & sports event prize distribution ceremony for MLDT Trust employees.
- 14th March 2023: World Kidney Day celebrations. We had organized a celebration program for all healthcare professionals in Palghar Taluka.
- 18th March 2023: Received two New Dialysis Machines from Bombay Rotary Club & Bombay South Rotary Charitable Trust.

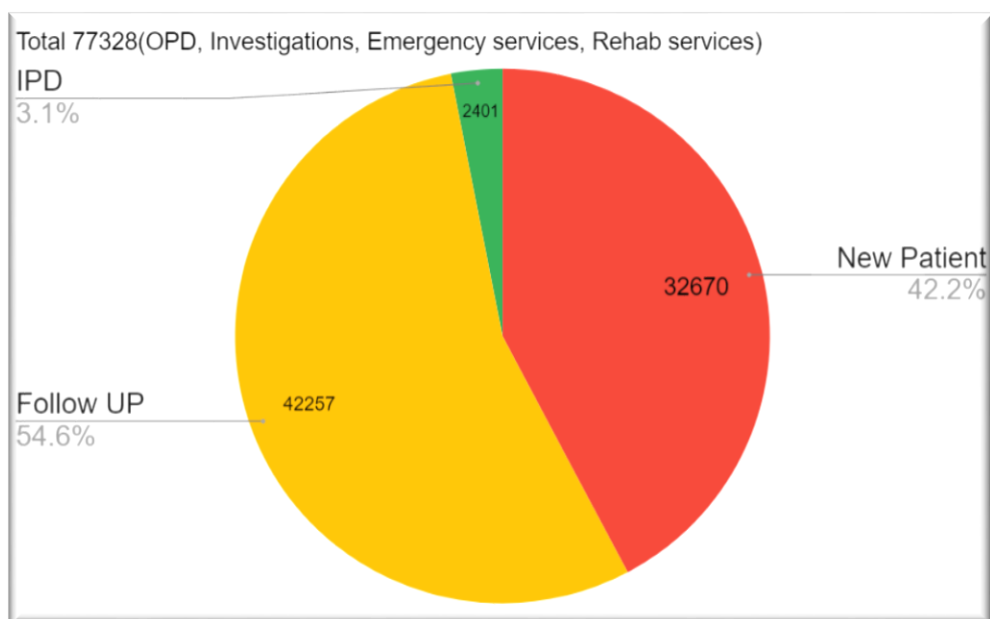
Details of the Awareness programs/Camps Conducted by Palghar Hospital

No.	Camps	Number of camps
1	Cataract Camp	2
2	Child health Checkup camp	5
3	Child Orthopedic Camp	8
4	General Health Check-up	41
5	Ophthalmology Camp	1
6	Pediatrics Camp	4
7	Senior Citizens and Women's Camp	10
8	Senior Citizens Camp	2
9	Stress Management	1
Grand Total		74

Camp Photos



Patients are seen in various services offered at Palghar Hospital



Patient statistics for the year April 2022 to March 2023

Financial support/ Charity for the Patients

Source of Fund	No. of Beneficiaries	Amount
Oracle	10,353	10,218,000
Blue star	2,192	2,441,000
Permanent Magnet	15	150,000
IPN Scholle	60	1,423,196
Madhukanta Sheth Foundation	6,402	4,898,216
Retort Chemicals	1,456	2,538,533
Anand Engineering	20	200,000
Hemendra Kothari foundation	100	100,000
Cancer fund	3	30,410
Rotary cataract fund (for cataracts)	204	529,500
Total	20,805	22,528,855
Government schemes		
MJPJAY Dialysis	6,402	5,633,760
MJPJAY IPD	10	240,000
Indigent Patient Fund	139	1,331,633
Charitable	3,352	1,417,337
Total	9,903	8,622,730
Grand Total	30,708	31,151,585

Charity: A few photos



Unique beneficiary stories

1. Diagnosis: Operated for Haemorrhoids.

One 32-year-old female from Vedhi, Saphale having two children total of four number members of the family. Occupation: Small poultry farming. She was a Sanjay Gandhi Niradhar Yojana beneficiary. The patient **was a widow** and suffering from bleeding per rectum for many days,

Her husband died during the pandemic. She was facing a big financial crisis. Children go to school. This patient attended our free health camp. After camp, we have done free-of-cost surgery for this patient. We had provided support from Blue Star for some tests (X-ray, ECG, USG) and some help from the hospital's Charity Fund. The ration card was orange and the monthly income was 6000/- . She is happy for the treatment received at our hospital with financial support.



2. Department: Orthopaedics

Diagnosis: Right tibia proximal end medial and lateral metaphysical fracture. A male patient of 65 old at Bidco, Palghar.

History: The patient fell on his right hand while playing with his grandson. But after eight days, the pain in the arm worsened, after which the patient was admitted to our hospital. The patient was advised to undergo an operation and the cost of the operation was ₹48,000. The patient earns **his**



livelihood by collecting plastic bottles from the street. The patient has two children who also do the same job. The patient could not afford the cost. We provided free of cost services for his health/treatment from our various donors.

3. Department: Paediatrics

One baby of two months old, from Dhanani Nagar, Bpoisar, Palghar.

History: This was the third delivery of the baby's mother & delivery done at another Hospital, due to pain in the 7th month. The weight of the baby after delivery was only 900 grams. The patient was admitted to our hospital on 21/01/2023 as the baby required NICU but the financial condition of the patient was not enough to pay the hospital bill. Doctor said that it will take approximately 2 months for the baby to gain weight more than 1.5 kg and the hospital expenses may be 2 or 2.5 lakhs. Considering the financial situation of the patient, the baby was kept in the hospital for 45 days and was released safely after the baby gained 1 kg 600 grams. At 45 days, the baby had great support for X-rays.

Diagnosis: Pre-term with very low birth weight (PLBW) with Respiratory Distress Syndrome

Occupation: Daily worker, with no ration card.

Family members: 4 (wife and 2 children)

Support from Blue Star Fund for X-RAY and treatment from IPN Scholle

Total treatment cost ₹2,38,550/- supported by our Donors.

Community Health Depart & Mobile Medical Van:

New mobile van (Tempo traveller): Helped for patients travelling & various community activities.

Collaborators Strengthening: To enhance care of community with the health of Asha workers by organising a session what Dhawale Hospital does and current charity available at hospital so that they can help us to identify the needy patient in the community who are not reaching out to any health facility due to Socio Economic reasons.

Awards and recognitions:

Our Honorary Dhawale Trust Hospital directors' felicitation done by Rotary Club Thane.

Dr. M. L. Dhawale Memorial Trust's Mahavir Maternity and General Hospital, Malad, Mumbai

Highlights:

- **NEW SERVICES**

- Urology OPD
- ENT OPD
- Speech and Audiology OPD
- Chemotherapy session for Poor Cancer patients
- Home blood collection in association with Swasth Card (by Afford plan)

- **RECEIVED**

- We received CSR funding as well individual donations for patient care required equipment.

- **CELEBRATED**

- Daan Utsav: Raised funds of Rs 82,398 for poor patients.
- International Women's Day with 1-week full of activities in the hospital and the community

- **CONDUCTED**

- Cataract surgery camp in association with Shri Shanmukhananda Charitable Community Health Care Center and Mahanagar Gas LTD.

- **PURCHASED**

- Short-wave Diathermy (SWD) for upgradation of Physiotherapy Department Haemocue Machine for Haemoglobin check-up for female patients in case of emergency during delivery.

- **PLANNED IN THIS YEAR**

Developing Training center for Homeopathy-ICR PG Programme, Social work-BSW/MSW, Management-OD, MBA, Nursing -GNM, BSC

Salient activities:

Activities Conducted by Medical Social Works Department at Malad Centre		
Date	Educational	Beneficiaries
April 2022 to March 2023	ANC Talk	500
Total		500
Date	Clinical	Beneficiaries
3rd March 2022 to 8th March 2022	Physiotherapy camp at Hospital by Dr. Ayesha Siddiqui	13
03-Mar-22	ENT Camp in hospital on account Women's' day Celebration with Dr. Prathamesh Kulkarni	12
08-Mar-22	Bone Mineral Density Camp on account Women's day Celebration at Hospital	41
07-Apr-22	General Homeopathy Health Check-up camp at the hospital	17
12-Apr-22	General Homeopathy Health check-up camp for Anganwadi Sevika & Madatnis at hospital	24
17-Jun-22	Bone Mineral Density camp at hospital	23
10-Jun-22	Ophthalmology camp at the hospital with Dr. Bhavin Khatri	42

Total		172
Date	Community	Beneficiaries
12-Mar-22	Self Defence Training by Mr. Ashutosh Mishra, Mr. Surykant Shetye at Kurar Village	23
01-Apr-22	Talk on Anaemia for women and girls at Anganwadi @ Appapada Market	13
28-Sep-22	Ophthalmology Camp in association with Sri Shanmukhanada Charitable Community Health Care Center and Mahanagar Gas Ltd @ Bhim Nagar	100
25-Nov-22	Stress Management Activity at Saibai School	67
26-Nov-22	Career Guidance Session at Gnyanodaya School	96
28-Nov-22	Gross Motor Activity Workshop at Anganwadi	30
28-Nov-22	Earring Making Activity at Anganwadi	35
30-Nov-22	Puppet Show Activity at Jijamata School	334
03-Dec-22	Nankhatai Making Activity at Pratap Nagar	27
01-Mar-23	Awareness on Women Police Helpline eg.103 at Anganwadi	45
09-Mar-23	Health Awareness on Women's diseases and role of the Homeopathy at Hospital	40
08-Mar-23	Awareness of banking services and facilities at Anganwadi	30
11-Mar-23	Awareness of WhatsApp business at Anganwadi	30
11-Mar-23	Nail Art Activity at Mauli Society	50
13-Mar-23	Free Hair Cutting Activity at Omkar Society	100
Total		1,020
Grand Total		1,692

Malad Unit Patient Data for the period April 2022 to March 2023

Department	New Cases	Follow Up	IPD	Total Patients
Homeopathic	1,018	9,216	1	10,235
Gynac	1,271	2,815	187	4,273
Delivery	0	0	292	292
Pediatric	455	630	78	1,163
Medicine	297	273	81	651
Surgery	277	174	139	590
Dental	835	1,801	0	2,636
Physio	290	2,167	0	2,457
Ante Natal Care	450	1,813	0	2,263
Pathology	2,791	1,298	0	4,089
Casualty	1,775	0	0	1,775
ECG	535	0	0	535
CUT-INS	29	0	0	29
USG	195	0	0	195
NST	13	0	0	13
X-RAY	157	0	0	157
Ortho	631	530	44	1,205

Department	New Cases	Follow Up	IPD	Total Patients
DIET	12	4		16
OPHTHAL	868	513	71	1,452
ENT	213	166	7	386
AUDIOMETRY	32	0	0	32
Urology	3	8	3	14
Total	12,235	21,408	903	34,546

Financial support given as a charity at Malad Centr (April 2022 to March 2023)

Charity done through IPF in INR:

No. of Patients	Total bill	Paid by patients	Help given to patients	Given Concession
3,248	5,479,570	922,165	4,395,005	162,400

Infrastructural changes that added value to the care of the community:

No	Equipment	Date of installation
1	Radiant Heat Warmer Fixed Cradle 3Drawer.	13-07-2021
1.1	Phototherapy	13-07-2021
2	Karl Storz Image 1 HD Camera Head & Camera Control Unit	13-09-2022
2.1	Storz 26" High Resolution LED Monitor	13-09-2022
2.2	Highpower LED Light Source With Fiber Optic Cable	13-09-2022
2.3	HighFlow CO2 Insufflator with 40LPM Capacity	13-09-2022
3	Birth Bed (Labour Table)	14-02-2023

Human resource initiatives that were undertaken to enhance care of community with:

Date	Topic	Number of Attendees	Resource Person
15.7.2022	Succession Planning of Hospital	12	Mrs. Varda Pendse
24.9.2022	Nursing Training	8	AV Educomm
30.3.2023	OMTI Model	8	TISS

Women's Day Celebration 2022



School Health Program



Cataract Camps



Daan Utsav 2023



Birth Bed (Labour Table)



Radiant Warmer & Phototherapy



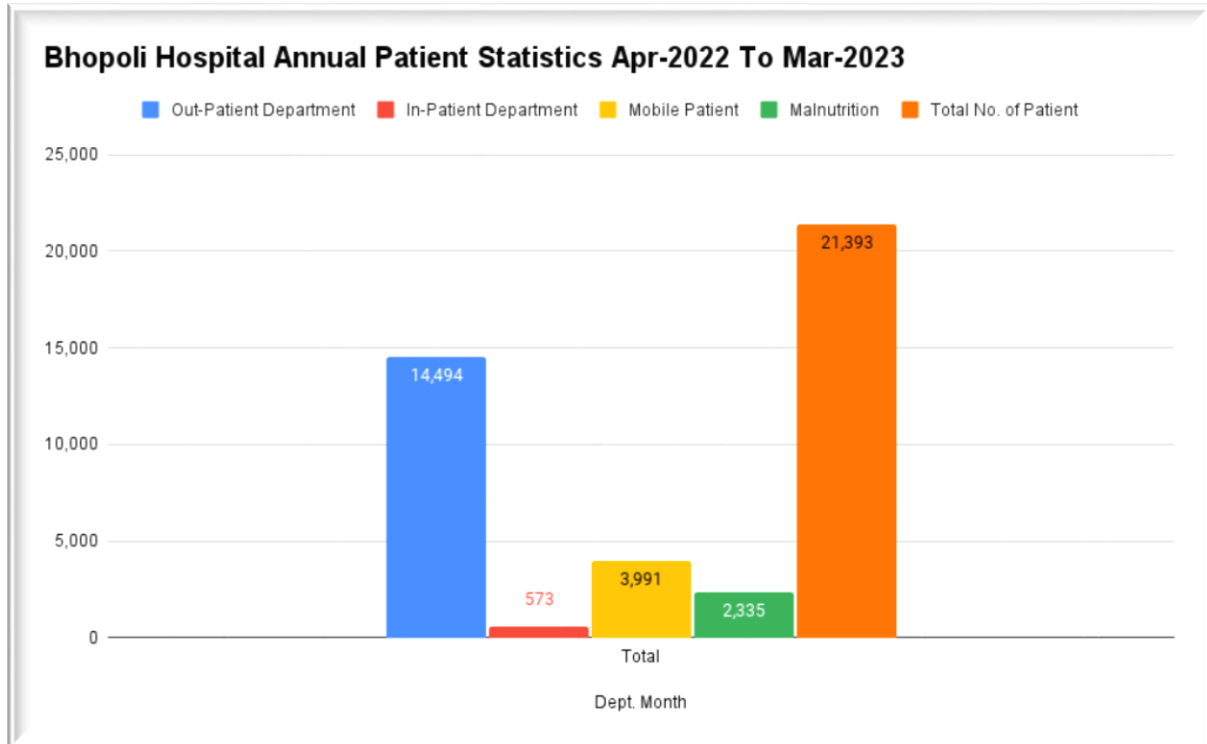
Inauguration



Endoscopic Camera Unit-Complete Set



Smt. Janaki Bachhu Dube Homoeopathic Hospital, Bhopoli, Palghar



Care for Adolescent Girls:

We care for adolescent girls as well so we visit schools to take care sessions and check-ups, especially about menstrual cycle and anemia by using IEC material. Specialists Dr. Sujata Ma'am and Dr Trupti Ma'am conduct these sessions at schools. Below are the statistics for the same.

Bhopoli: Adolescent Girls Health Focus 2022-23		
	No. of schools	No. of Girls
Total	13	1,733

Anemia Awareness Meeting with Adolescent Girls



Girls HB Check-up at School



Education vertical 22-23

Almost all children suffered from the two years of lockdown and loss of direct teacher-student contact. More than 70% of the children did not have access to any online education. Consequently, the previously weak scholastic levels radically dropped further. The Sarva Shiksha Abhiyan ensured that a pre-covid child of 5th standard had moved to 8th standard, but she had no knowledge of 6th and 7th standards.

Our Education team decided to bridge this gap as fast as possible. We formed a team of 6 existing well-respected teachers from the schools in the vicinity, 2 from each stream of Maths, Science & English. We identified a team of 10 recently graduated young boys & girls. We called them Vidhyarthi Mitra. The teachers were given the task of training the Vidhyarthi Mitras every Sunday. The Vidhyarthi Mitra would in turn visit various schools during the next week and impart the lesson plans they had prepared with the teachers.

During the year we reached out to 9 schools and more than 2000 students. The program was very well received by the students, appreciated by the teachers. We are inundated with requests from many more schools to extend the program to their schools too.

The 21st century is a competition age and in this age the knowledge of information technology is a must. However, in the rural area children do not have the access to basic computers and Information Technology. Therefore the 'Computer literacy' program was implemented with students. In this the children were given basic information about computer and Word excel and power point with the help of the internet they could find the information, data and knowledge related to their academic study and in General.

Bhopoli Education Project Data: April-2022 -March-23						
No.	Activity	Class	Villages Covered	No. of Schools	No of Students	Remarks
1	Mobile Library	4th to 12th	10	12	2,700	On going School
2	Computer Training	8th & 9th	10	12	890	On going School
3	Tab Activity	7th	8	9	480	On going School
4	English	8th & 9th	8	9	1,510	DISSHA - Basic program(Maths,Science and English)
5	Science	8th & 9th STD	7	9	1,510	DISSHA - Basic program(Maths,Science and English)
6	Maths	8th & 9th STD	7	9	1,510	DISSHA - Basic program(Maths,Science and English)
7	Science Exhibition	5th to 10th	5	7	2,262	In this activity, certain students of a school present a science experiment in front of all the students of the same school. VM prepares for this.
8	Olympiad	8th & 9th STD	1	9	92	10 students from each school participate in this competition. Students are very excited for this competition.
9	ProEngage16 TATA	8th & 9th STD	3	5	542	Students were guided in life skills through this activity.

Mobile Library



Computer Training



Computer Training



DISSHA



ProEngage16 TATA



Tab Activity



Science Exhibition



Olympiad



Bhopoli Self Help Group's (SHG) Project Activity: Apr 2022- Mar 2023

No.	Particulars	Numbers
1	New Self Help Gorups	7
2	Total Number of Loan taking SHG	9
3	Total Inactive Groups	7
4	Number of up-to-date accounts	48
5	Groups conducting Regular Meet-up	48
6	Number of Groups who have repaid the loan	On going
7	Fish sellers	2
8	Grocery shop holders	1
9	Tailors 7	3
10	Goat Rearing	1
11	Jasmin Farming	1
12	Banbu Handcraft/Hastakala Group	1(30 Females)
13	Spices Making Business	4

14

Vegetable Farming

82 Families



Dr M. L. Dhawale Memorial Trust's Charitable Services, Pune

The last 2 years have been significant in developing insight and mobilizing resources towards developing this center as per our mission of excellence in providing homoeopathic care in a cost effective manner.

GERIATRIC CARE CENTER

Post the last wave of Covid-19, a need was felt to address the senior citizen's health issues after realizing the enormous impact of the pandemic. The physical, emotional, financial, familial, and social cost was tremendous. Above all the threat to life was acute. .

We offer clinical services at as low as 50% rates for patients above 60 years of age. We have taken up various awareness lectures and health activities on issues of geriatric health issues eg. Osteoporosis and Joint diseases, Mental health, lifestyle diseases, etc.

OSTEOPOROSIS PROJECT

(August 14, 2023)

We did a pilot project to study the efficacy of homeopathy (in low potency 6x) in osteoporosis. About 100 pts were screened of which 30 pts took treatment for 3 months and were evaluated on the basis of subjective and objective criteria (BMD study).

We could give subjective relief to 80% patients while about 30 % pts showed improvement in the BMD study. Though we could not conduct a proper systematic study due to resource limitations, it definitely gave confidence to us as well as the pts that homoeopathy can help in treating geriatric conditions.

We could create awareness about osteoporosis through lectures and flyers in the geriatric community. Also we could highlight the importance of diet, exercise, daily walk and yoga through the activity.

WOMEN'S HEALTH ACTIVITY:(Women's day March 2023)

Women's health is an important issue. We conducted health awareness and screening activity for women. It included breast examination, obesity evaluation, thyroid testing along with general and systemic examination. About 63 females from various age groups benefited. We could produce awareness about female health issues of breast tumors, menstrual health, menopause, thyroid as well as joint disorders and anemia which was common. A few pts who were diagnosed with thyroid diseases were enrolled under our thyroid research activity at Deenanath Mangeshkar hospital Pune.

We could stress upon the importance of a female feeling empowered and giving equal importance to her own health and wellbeing as she does for the family.

Clinical Activity: The preparation for various clinical activities involves preparation on part of physicians and students at a level of clinical knowledge and homoeopathy which helps in the long run. Guidance of seniors, especially Dr. Phansalkar sir helped to improve our clinical services.



The center caters to the health needs of senior citizens, women and children and we are planning our activities accordingly.

We could gather help from a few generous donors and well-wishers for our activities. However, we need more help to be able to carry out the activities regularly.



2023	Follow Up cases	New Cases	Total Patients
January	141	2	143
February	128	5	133
March	120	2	122

ICR Clinical Centre Gururaj Society, Paud Road, Pune

The community available around the clinical center was approached with the view of providing good quality medical services at affordable rates.

- We assigned a specific disorder to the physicians attending the OPD
- Diabetes and Lifestyle disorders
- Allergies
- Pediatrics
- Thyroid
- Menstrual Disorder and Infertility
- Psychiatry

We received a good response for the same.

Research Activity Carried out at Deenanath Mangeshkar Hospital

A study of Efficacy of Homoeopathic indicated medicines as an adjuvant therapy in hypothyroidism was conducted during 01/09/2021 and 16/03/2023. The conjoint study was conducted by the department of Homoeopathy, Deenanath Mangeshkar Hospital and Endocrine department of Deenanath Mangeshkar Hospital. The study was carried out under the valuable guidance of Dr. Vaishali Chetan Deshmukh (MD Medicine, Superspeciality Endocrinologist) and Dr. Shirish K. Phansalkar (HOD Homoeopathy DMH). About 80 patients were enrolled for the study, out of which 60 patients completed the study. All the laboratory tests required for the study primarily and for the follow ups were done free of charge. Along with the lab parameters, quality of life (QOL) was one of the important parameters for understanding the effect of homoeopathic-indicated medicines. QOL approved by WHO which is available for public use was used as a tool. The patients were asked to fill out the Questionnaire of QOL at the start of the study and again after 6 months at the end of the study. During the study period, the patients were provided with free breakfast and tea. Deenanath Mangeshkar Hospital laboratory department extended a 20% discount on all laboratory tests done during the study. Enrollment for the research study and a few patients' unexpected withdrawal, extended the duration of the study. At the end of the study, we witnessed satisfactory results at the level of the autoimmune process in Hypothyroidism as well as in improved QOL of the patients.

MLDT's Urban Charitable Services, Mumbai

Dr. M.L. Dhawale Trust runs 4 Homoeopathic Charitable Clinics in Mumbai and its suburbs for the lower socioeconomic needy strata of the community since 1984 at Deonar, Jogeshwari, Mahul, and Ghansoli are in collaboration with like-minded organisations.

The objective of urban clinical services is to provide quality health services to the needy urban community at charitable rates. This has been possible through our dedicated and sincere team of ICR trained physicians who have been constantly striving to achieve our motto of promising 'Quality assurance in a cost-effective way'.

MAHUL CLINIC

The clinic is situated in the Mahul village- Balwadi centre. This clinic was started in 1991 in co-ordination with BPCL & Mahul Nagrik Dakshata Samiti. It caters to the health-care needs of Mahul village & the surrounding colony, consisting mainly of the fisher folk. Along with the clinical activity, social development activity is also done. In the past we have organized many health care camps for the benefit of the village. Cases seen are mainly of Skin disorders, Chronic Bronchitis, Osteoarthritis, Bronchial Asthma, Allergic respiratory disorder, etc.

CLINICAL SERVICES

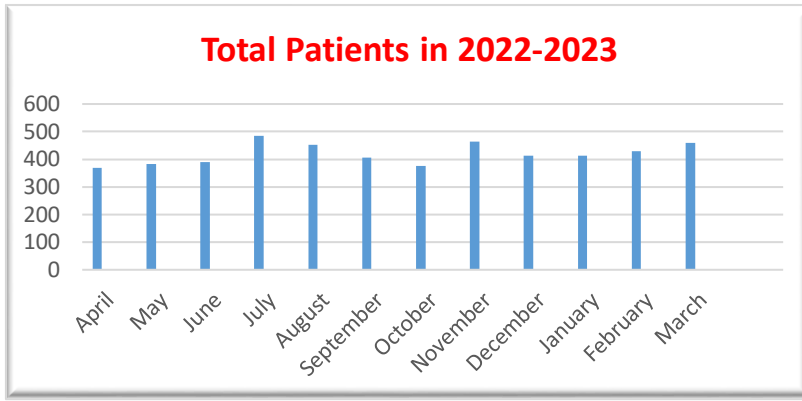
Clinic timings-

Monday to Friday Morning—10 am to 1 noon.

Saturday Afternoon - 2 pm to 5 pm

Services:

- 3 physicians provide clinical services, each coming for 2 days a week.
Dr. Manisha Nadkarni
Dr. Kanchan Rajpal
Dr. Sneha Seth
- Compounder- Mrs. Alka Gurav, maintains the records, dispenses medicines to patients and keeps the clinic clean. She has been working for this clinic since its inception in 1991.
- Activities carried out by clinic- One orientation lecture is taken for village people on any topic. Topic is chosen on clinical experiences which physicians get while treating cases. Like, this year MENOPAUSE was chosen as ladies have many doubts about it and they hesitate to talk about it. So, a lecture followed by question answer session was taken in September 22.



It can be seen from above chart, that Average number of patients in clinic range from 350 to 450 per month.

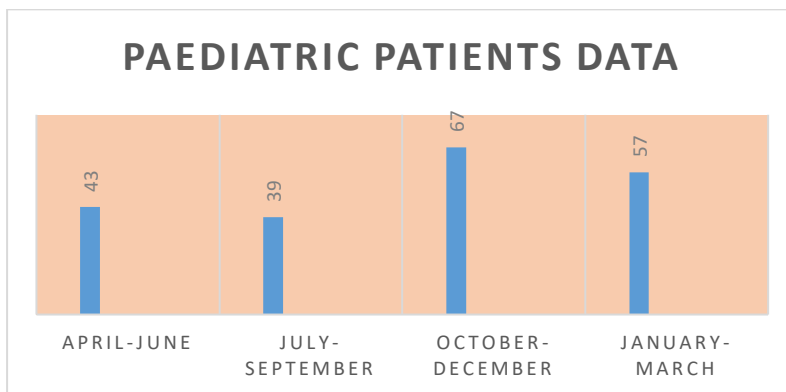
Maximum new cases are seen in months of July, November and March. July ,August are months with maximum rains of the year. So illnesses like cough, cold, fever , asthma are more in these months.

Also above months and February, March are the months when schools are open and people are present in Mumbai. This accounts for maximum patients visiting clinic.

Minimum patients are seen in April, May and October, In these months schools are closed. So people from Mahul go and stay at their native place.

This year there was a cold wave in month of January. That had made a rise in complaints of musculoskeletal system. Knee pain and multiple joint pain cases had increased.

Paediatric patients throughout the year



It was seen that number of children visiting clinic was less, but this year , there has been a steady rise in children coming to clinic for treatment.

Common health issues seen in children this year

1] Recurrent cough and cold- Frequency of complaints can be reduced to a great extent with Homoeopathic medicines.

This year maximum children had this complaint.

2] Spots on face- Intermittently children come with this complaint. Medicines with improved diet showed that , the spots disappeared.

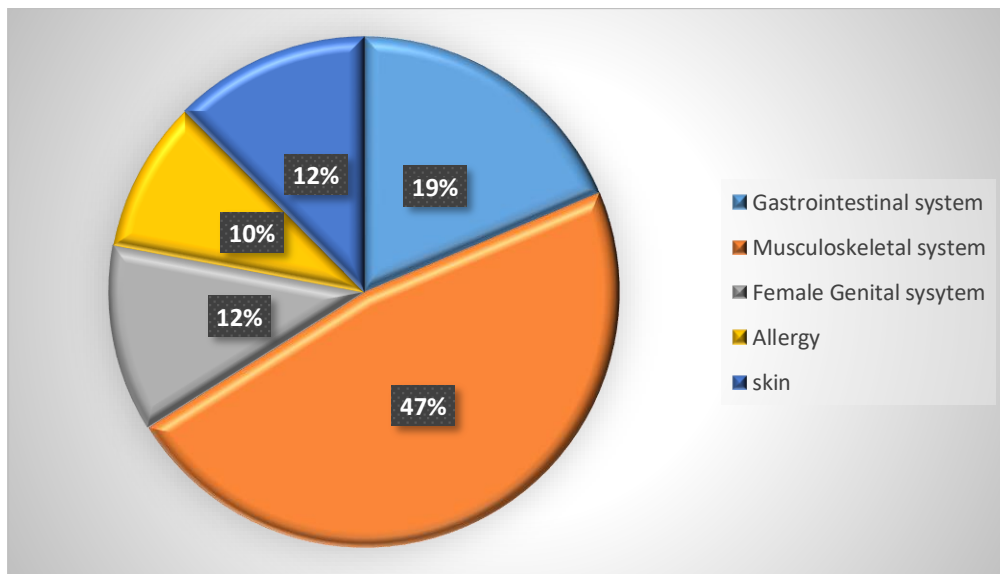
3] Worms infestation- This complaint has reduced than what it was few years back. The reason being orientation of villagers about hygiene , given by our physicians.

4]Scabies- We treated few cases this year. Frequency of this infection has also reduced to a great extent.

5] Bed Wetting- Few cases are seen every year. This condition responds very well to Homoeopathic Medication.

6] Allergic sneezing- This year , few such cases were treated successfully .

Summary of clinical conditions seen in 2022-2023



Observations about clinical conditions seen in 2022-2023

1] **Musculoskeletal system-** Every year clinic sees maximum cases belonging to Musculoskeletal system [Joints and muscles].Knee joint pain, frozen shoulder, Lumbar disc diseases{ backpain}.

*Reason for this-*Occupation, is main cause for this . Koli women and men carry weight of fish basket and they are sitting in wrong posture [Bending back}. This produces undue pressure on bones of spine and it leads to illnesses’

2] **Gastrointestinal system-** In past years, there were many cases of piles and fissures. This year, cases of GERD were more compared to piles cases.

*Reason for this-*People in Mahul have lot of stress in their life – Financial also about education of children.



All this leads to diseases like GERD [acidity] , also faulty diet , which is a part of present peoples lifestyle causes acidity.

3] **Skin-**Fungal skin infections were maximum last year and in first quarter of year. These improved as the year progressed.

The frequency of new cases of fungal infections definitely reduced in last 4-5 months

4] This year cases of allergy-either allergic rhinitis [cold], allergic bronchitis, and urticarial [Hives] were seen all throughout the year

The frequency of new cases of fungal infections definitely reduced in last 4-5 months

<p>Physician explaining about hygiene to patients</p> 	<p>Orientation Lecture about Menopause</p> 
<p>Hygiene is the main topic in health. Discussion around Hygiene and how we can take care of it.</p>	<p>On 27 September 2022, our clinic physician delivered an orientation lecture about Menopause in balwadi premises. Menopause is an important epoch in life of a woman. In this lecture , information about Menopause was explained to village ladies .Also, they were informed about care to be taken during this period</p>

Orientation about constipation and piles

A lecture for benefit ov village people on topic of piles was taken on 30th January 2023 in balwadi premises.

Piles is frequently occurring complaint in people but they find awkward to discuss about it.

In this lecture , information about how untreated constipation can form piles was explained and in the end, importance of high fibre diet was told. Group freely communicated clarifying their doubts.

Dr Manisha Nadkarni talking to the group about piles



Effect of orientation lectures in 2022-2023

Our clinic physicians have been orienting patients about Do's and Don't's about healthy practices, on one to one basis since long time.

Now , since a year, these lectures are being carried out for groups. There has been a positive change in reducing faulty habits of people as far as nutrition and hygiene is concerned. So , it has been observed , that diseases like scabies , Fungal infections, piles and fissure are reducing in numbers , than what they were 2 years back.



Awareness about health issues has increased in people, so they on their own come and enquire about their queries about health issues.

FY 22-23	New case	Follow up cases	Total no. of Patients	Income
Total	45	267	312	34,470

GHANSOLI

Due to pandemic, clinic activities had a break of two years. Clinic activities were resumed from May 2022

PATIENT DATA				
SCREENING	New case	Follow up cases	Total no. of Patients	Income
83	40	387	510	19,910

DAHISAR

Homeopathic doctors

Homeopathic Doctor	Department
Dr Latika Agarwal	General medicine & General and child psychiatry
Dr Bhaik Parekh	General medicine
Dr Kriti Mishra	General medicine

Month 2022-2023	No. of follow-ups	New patients	Total Patients
Grand total	3,419	60	3,479

Dr. M. L. Dhawale Trust Homoeopathic OPD, Dahisar has been conducting the health screenings in Balodyan (Pre-Primary) section of Vidya Prasarak Mandal's Vidya Mandir School, Dahisar east for the past eight years (except during the COVID pandemic).

We were privileged to do the same this year as well on 19th, 20th and 22nd September 2022.

The screening activity in the Pre-Primary section was carried out with the objective of assessing the overall physical and mental growth of the child.

The number of students screened is as follows:

School Medium	Standard	Children Screened
English Medium	Nursery	72
	Junior Kg	111
	Senior Kg	137
Marathi Medium	Balwarg	32
Total		352

Screening Process:

- A brief assessment of the general and mental health (hyperactivity/ inattention/emotional/ scholastic issues/ recurrent absentees) was done by the respective class teachers prior to the camp.
- This assessment was followed by a questionnaire especially designed to assess the functioning of the child in the school at various levels, to be filled by the teachers.
- The team of doctors comprised of qualified physicians from the Dr. M. L. Dhawale Memorial Trust.
- Screening of Nursery, Junior and Senior KG sections, Balwarg and Shishuwarg was done division wise, for both mental & physical health.
- Each child was screened for present or past complaints along with height and weight assessment. This was followed by physical check- up of the child.
- Parents having doubts regarding their child's health were spoken to and guided accordingly. They were encouraged to adopt Homoeopathy as the treatment modality as the children prefer the 'sweet pills' and because Homoeopathy helps with a rapid and gentle cure for the illnesses.
- Following were the Illnesses observed in Balodyan:

No	Illness/ Signs	Total
1	Underweight	52
2	Over weight	25
3	Dental complaints	111
4	Acute cold cough	91

No	Illness/ Signs	Total
5	Recurrent sneezing/cold/cough	36
6	Recurrent Lower respiratory complaints	3
7	Ear Wax	51
8	Hyperactivity/Inattention	15
9	Skin complaints	16
10	Mood issues	3
11	Abdominal complaints(Pain, Constipation, worm infestation)	7
12	Speech issues	18
13	Autism/Autistic traits	5
14	Eye complaints- chalazion, squint and strabismus	4
15	Leg pains	3
16	Kidney complaints	2
17	Congenital or multiple chronic complaints	7
18	Febrile convulsions	1
19	H/O monkey pox	1
Total		451



DR M. L. DHAWALE CHARITABLE SERVICES, KOLHAPUR

Activities of Centre

Clinical Activities: New Integrated Homoeopathic Association (NIHA) Kolhapur, CPD series.
11.12.2022

Presenter Dr. Vivek Ghadge

Topic – Approach to acute cases.

Venue – KMA hall, Belbaug, Kolhapur.

We have been regularly conducting academic activities for practitioners and students since 21 years (since 2001). Two-day training workshops in SCR system are conducted. Cases treated in practice are presented by members to enhance the learning from these experience. It is regularly attended by 8 – 12 members. We have continued to sustain our academic activities by going digital and did not hamper regular learning activity inspite the work has extended and while other activities going on.

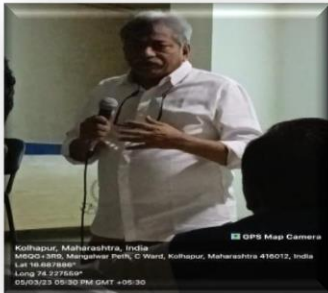


- 3.3.2023 Seminar of Dr. M. K. Patel sir at Hausabai homoeopathic medical college and hospital, nimshirgaon, Kolhapur.
Topic – perceiving mind in homoeopathic practice.
- 4.3.2023 Seminar of Dr. M. K. Patel sir at S.J.P.E.'s homoeopathic medical college and hospital, Kawala naka, Kolhapur.
Topic – perceiving mind in homoeopathic practice.



Community Development Activities:

- team up with Mahavir college of science and art, Kolhapur. Under this project orientation to all student, staff about health, prevention and treatment is undergoing.
- 5.3.2023 Seminar of Dr. M. K. Patel sir at NIHA, Kolhapur. Topic – mental health and homoeopathy.



- Dr. Shailaja kelkar – Palkanche palkatva 7th oct 2022
- NABH certification celebration 16.10.2023
- 5.2.2023 MARATHON RAN for 10 kms by Dr. Ranjit Dhole.
- 12.3.2023 felicitation Kolhapur chapter at 3rd alumni meet at , Palghar. Felicitation of KOLHAPUR chapter at Alumni meet 2023 on 12th March at Palghar. The team presented with wonderful sharing of the NABH journey, all its ups and downs, learning, and team building. It was indeed a lifelong journey.



- 24.3.2023 Dr. Vilas sir and Dr. Ranjit achieved a new step – CCMP certification.

Thank You to All Our Supporters and The Execution Team!

FY 2022-23

A few Partners & Well-wishers!

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