



DR.M.L.DHAWALE MEMORIAL TRUST

ANNUAL REPORT 2021-2022



PALGHAR | BHOPOLI | MALAD
MUMBAI | PUNE

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Dr. M. L. Dhawale Memorial Trust, Rural Homoeopathic Hospital,

Palghar

BACKGROUND:

The Dr M L Dhawale Memorial Trust was established in 1987, after the untimely demise of Dr. M. L. Dhawale, an M.D who was a practicing Homoeopath. His students and patients to fulfill his vision of service to Humanity through the spread of Scientific and Standardized Homoeopathy established the Trust. The Mission of the Trust is “Excellence in Integrated Homoeopathic Medical Care, Education, & Research to promote “Positive Health” in a cost-effective manner.

Our Trust’s main activities are:

- providing Health Care services to the rural & tribal population of Palghar District, Maharashtra
- community development through education, self-help groups, and livelihood
- managing health and needs of geriatrics
- managing the mental & physical health of school children
- generating awareness of health services and promoting health-seeking behavior
- complimenting Government healthcare services and filling gaps, if any
- running undergraduate and post-graduate degree colleges for Homoeopathy

We have received a number of accolades for our work from various Government and Non-Government agencies. The two most prestigious have been

- Govt of Maharashtra classified us as a Service NGO for Vikramgad Taluka for the Mother & Child Care project for three consecutive years.
- The Ministry of AYUSH, qualified us for creating the Centre(s) of Excellence for the Departments of Psychiatry, Pulmonology, Clinical Research, and Medical Informatics in our Palghar hospital and provided a grant of Rs. 3 Crores

HIGHLIGHTS:

- 2nd April 2021 Re- Inauguration of Covid unit for the second wave.
- 26th May 2021 Inauguration of Ventilator donated by Rotary Club of Mumbai West End.
- 15th June 2021 Inauguration of Cardiac Ambulance & Laparoscope donated by Everest Kanto Cylinders.
- 13th Aug 2021 Inauguration of Xerox Machine donated by Chowdhary family in the memory of Smt Sushila Radheshyam Chowdhary.
- 15th Aug 2021 Commendation Certificate- The standards of integrated Mahatma Jyotirao Phule Jan Arogya Yojana & Ayushman Bharat-Pradhan Mantri Jan Arogya Yojana Quality Award.
- 20th Sept 2021 Inauguration of free vaccination At- PMAL Office with support of Reliance Foundation.
- 1st September 2021 Inauguration of Pilot Research project “Care of Caregivers” on ‘Exploring & managing psychological distress of care-givers of patients on dialysis’.
- 8th Oct 2021 Physiotherapy Department upgradation supported by D’Mart.
- 24th Dec 2021 Inauguration of Electric Auto Rickshaw donated by Multi Steel Industrial Wada.
- 9th Feb 2022 New benches were donated by Mr S Ganapathy for the patient's and relatives' seating area.

DETAILS OF THE AWARENESS PROGRAMS/CAMPS CONDUCTED BY PALGHAR HOSPITAL:

Camps	Beneficiaries	Number of camps
Blood Donation	39	1
Cataract Camp	180	1
Child Ortho Camp	65	4
General Health Camp	261	3
Senior Citizen Camp	18	1
Grand Total	563	10

CHARITY DATA FOR THE PERIOD APRIL 2021 TO MARCH 2022:

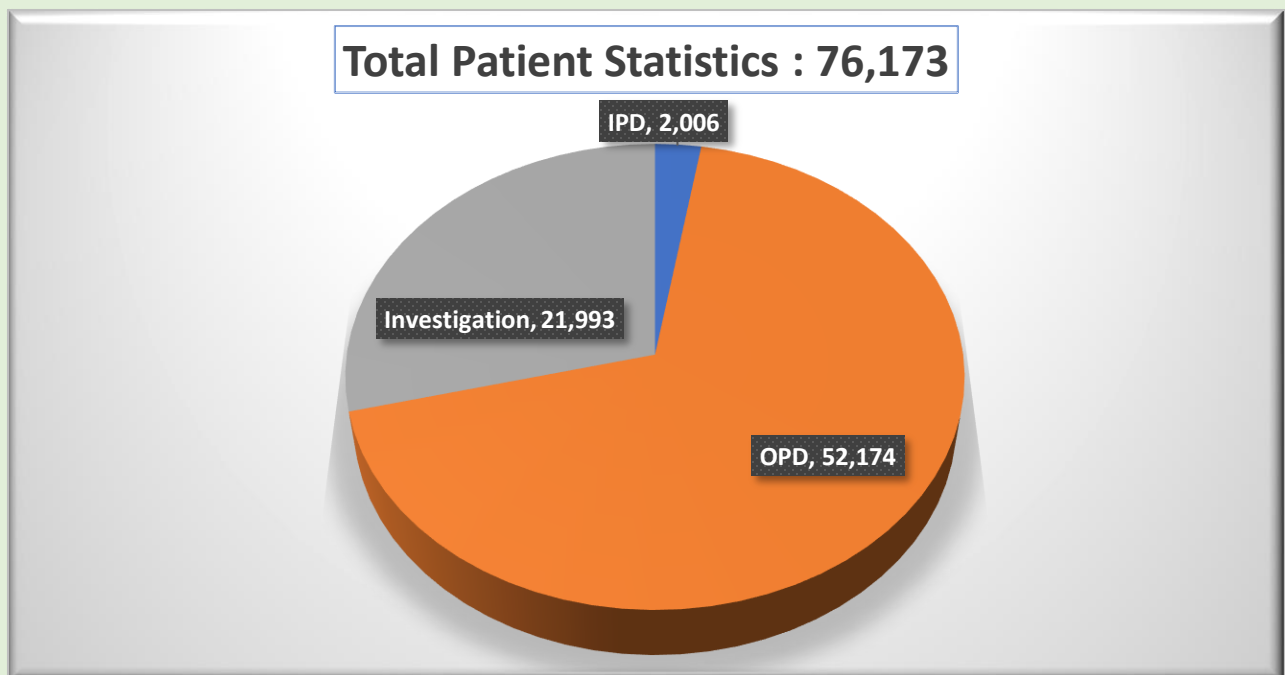
Charity Done in INR						
No.	Fund / Scheme	No. of Patients/Dialysis Cycle	Total Bill	Paid by Patients	Total help given to the patient	
					Help given from funds/ schemes	Hospital Concession
1	IPF	212	2,474,294	872,556	1,601,738	0
2	PPF	168	2,390,483	1,419,181	968,127	3,175
3	Charitable	478	2,908,030	2,327,076	571,489	9,465
4	Geriatric	57	1,675,740	187,382	308,800	1,179,558
5	Ortho Surgery Fund	9	701,840	444,840	257,000	0
6	COVID Fund	4	195,402	93,751	101,651	0
7	PPE Kit concession	12	1,148,718	957,518	191,200	0
8	Cancer Fund	1	5,700	0	5,700	0
9	Special Child Care Project-March pending	261	484,925	0	389,638	95,287
10	Free & Charitable Homoeopathic OPD	45	8,810	4,910	3,900	0
11	MJPJAY / PMJAY Scheme IPD	18	520,578	0	84,978	435,600
12	MJPJAY / PMJAY Scheme Covid	10	456,789	0	253,789	203,000
13	MJPJAY / PMJAY Scheme Dialysis	6,678	79,477,410	0	2,162,360	77,315,050
14	Dialysis cycles not covered in scheme	292	340,510	103,700	236,360	450
15	Free Cataract operations	44	150,500	0	115,500	35,000
16	IPN Scholle Fund For NICU	31	1,125,267	297,488	827,779	0
17	Blue Star Fund For Investigation	2,026	2,249,000	0	2,249,000	0
18	Retort Fund for Investigation	135	82,827	0	82,827	0
19	Retort Fund for needy patients	7	1,167,758	54,400	62,358	1,051,000
20	Free Vaccination Covishield and Covaxin	34,502	31,846,560	0	31,846,560	0
Total		44,069	56,349,550	6,575,420	42,598,450	7,175,680

FREE VACCINATION DRIVE

We have done more than 45015 vaccinations. Of these, 34502 vaccinations were offered free to Tribals, Rural people and industrial workers in Palghar-Vikramgad talukas. The total cost of these vaccinations was around **Rs. 31846560**. We are thankful to our donors- Mr Puneet Bhirani through Give India, Mr Rajesh Shah, Dr Cyrus Poonawala, Chairman, Serum Institute of India, Reliance Foundation, HDFC Bank, Permanent Magnets Ltd & CII Foundation. We are thankful to Shri Raichandbhai Shah for making the office of Palghar Manufacturers association available for the vaccination drive.

Department	Patient Statistics_IPD_OPD
Homoeopathy OPD	25,058
Casualty	8,937
Gynecology	267
Med. OPD	11,620
Orthopedic	2,956
Surgery	258
Ophthalmic	457
Physiotherapy & Neuro Physio	1,261
Occupational Therapy	456
Speech Therapy	821
Pediatrics	149
Nutrition OPD	430
Dental	166
ENT	150
Neurology	303
Gastroscopy	241
Urology	289
Covid	361
Total	54,180

Clinical Investigations and Ambulance Patient Statistics	
ECG	1,666
Pathology	6,135
X-Ray	4,607
Sonography	855
Ambulance	394
Cardiology	643
Dialysis	7,673
EEG	20
Total	21,993



PHOTOS:

Child Disability



NICU



Ortho Surgery



Dr. M.L. Dhawale Memorial Trust's

Mahavir Maternity And General Hospital, Malad, Mumbai

HIGHLIGHTS:

- **RECEIVED**

Donation from D-Mart. List includes C-ARM, Anesthesia Workstation, Fogger, Suction, Autoclave which helped to provide cost effective patient care.

- **LAUNCHED**

Medical Loan at 0% interest in association with Swasth Card.

“EKRUPTA” Employee Engagement Program for staff

- **CONDUCTED**

Free Cataract Surgery worth 80,000/- for poor patients of urban slum of Malad.

AIDS Awareness Day Talk with SAATHI Organization

Cancer Awareness Activity In collaboration with “Rivara Lab” for Patients of Malad.

- **CELEBRATED**

Daan Utsav week was celebrated by collecting and distributing Peanut Chikki (approx. 100kg) to malnourished children in Bhopoli village in Palghar district.

Daan Utsav week was celebrated by conducting - BLOOD DONATION CAMP through which 61 bags were collected.

Women’s Day, which is celebrated on 8th March, was celebrated for the whole month.

- **ASSOCIATION WITH**

TATA Pro-engage on “Coach Leader Project”

TATA Pro-engage on “Employee Engagement Project”

Annual Data April 2021 to March 2022

Date	Educational	Beneficiaries
April 2021 to March 2022	ANC Talk	400
17-Apr-2021	Talk on Reproductive Health in Adolescent Girls at Anganwadi	9
01-Apr-2021	Talk on Anaemia in Women and Girls at Anganwadi	13
	Total	422
Date	Clinical	Beneficiaries
08-Apr-2021	Talk on Mental Health in Women at hospital by Dr. Sonal Mistry	6
17-Aug-2021	Dental Camp at Hospital By Dr.Wasim Khan,Dr.Muneet Kaur,Dr.Hemal Dave	18
19-Aug-2021	Ophthalmology Camp at Hospital by Dr. Bhavin Khatri	33
30-Aug-2021 to 04-Sep-2021	Physiotherapy Camp at Hospital by Dr.Yogita Parab, Ayesha Siddique	25
17-Sep-2021	BMD Camp at Hospital	25
October 2021	Dan Utsav Week Celebration 2021, Distributed Peanut Chikki to Malnourished children in Bhopoli village in Palghar District	Approx 100 Kg

October 2021	Dan Utsav Week Celebration 2021, Collected Donations for Cataract Surgery for the Poor People of Malad	10
01-Dec-2021	Awareness about Homoeopathy at SAATHI NGO on AIDS DAY by Dr. Sonal Mistry	50
03-01-2022 to 08-03-2022	Physiotherapy Camp at Hospital by Dr.Ayesha Siddiqui	13
03-08-2022	ENT Camp on behalf of Women's Day celebration by Dr. Prathamesh Kulkarni	12
08-03-2022	Bone Mineral Density Camp at Hospital	41
	Total	233
Date	Community	Beneficiaries
03-10-2021	Blood Donation Camp at Bhim Nagar	61
30-11-2021	BMD camp at Kokani Pada	76
08-12-2021	Poshak Haahar at Anganwadi	15
12-12-2022	Self Defence Training by Mr. Ashutosh Mishra, Mr. Surykant Shetye	23
	Total	175
Grand Total		830

Department	Total Patients Statistics s
Homeopathic	9,035
Gynac	3,317
Delivery	269
Pediatric	999
Medicine	512
Surgery	474
Dental	2,305
Physio	1,643
ANC	2,319
PATHO	4,229
Casualty	1,307
ECG	412
OPD Pro.	59
CUT-INS	25
USG	505
NST	21
X-RAY	354
Ortho	1,167
DIET	0
OPHTHAL	1,139
ENT	72
TOTAL	30,163

Charity Done				
Schemes	No. of Patients	Total bill INR	Paid by patients INR	Help given to patients INR
Indigent poor patient	40	1,333,830	560,920	619,260
MLDT	22	338,605	296,290	42,315
D-Mart	766	657,600	0	657,600
Total	828	2,330,035	857,210	1,319,175

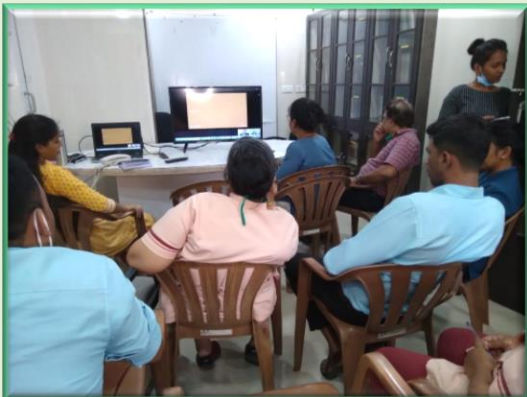
All together 828 poor patients have received the help of Rs.13,19175/- From our hospital.

PHOTOS:

Women's Day Celebration at Hospital



Coach Leader Session by TATA ProEngage



Online Staff Development Training by TISS Student



“EKRUPTA”-Employee Engagement Programme



Dental Camp



Homeopathy week celebration



Daan Utsav



School Health Camps



Pap Smear testing camp



A few Equipment received as a donation



Smt. Janaki Bachhu Dube Homoeopathic Hospital, Bhopoli, Palghar

In April 2021, the world was still under the spell of the impending third wave of Covid. Having already made the community aware of the dangers of COVID-19 and having vaccinated over 49,000 people, we prepared ourselves to face the challenge of the third wave. We had organized ourselves to the fullest in setting up a CCC – Covid Care Centre. We had (a) created space for the CCC (b) lined up vendors for equipment, PPE kits, and medicines (c) tied up with Oxygen cylinder suppliers (d) acquired 2 ventilators (e) arranged for vehicles for quick transfer to higher centers, if needed.

Mercifully the wave did not appear and we all heaved a sigh of relief.

As the world started opening up and travel restrictions began reducing, our team had to work harder to safeguard the community from any further spread or consequential complications of COVID-19. Our routine work, which is to attend to pregnant women, lactating mothers, and malnourished children, continued slowly. We also slowly began other programs and awareness sessions which had stopped due to COVID-19.

THE FOLLOWING TABLES DETAIL THE VARIOUS ACTIVITIES UNDERTAKEN:

Bhopoli Hospital: Patient Statistics Apr-2021 To Mar-2022								
Departments	Casualty	Hospital OPD	IPD	Mobile Patient	Malnutrition	Peripheral OPD N/C	Peripheral OPD	Total No. of Patient
Total	1,433	7,528	277	1,903	2,573	63	2910	16,687

EDUCATION PROJECT:

Covid-19 has caused financial and educational damage to the whole world. Now slowly we could start our educational activities as below. The bridge program/course was helping students to fill up the gap that was generated during COVID-19. This Bridge program helped students to gear up and boost their confidence in the study. Students wait for our Mobile vehicle for the activities as below.

Bhopoli: April-2021 to March-22						
No.	Activity	Class	Villages Covered	No. of Schools	No of Students	Remarks
1	Mobile Library	5th to 12th STD	3	5	61	Activity in Village during Covid-19
2	Tab Activity	5th to 9th STD	3	5	61	Activity in Village during Covid-19
3	Computer Training	7th to 9th STD	2	5	32	Activity in Village during Covid-19
4	Bridge Course	1st to 8th STD	4	7	80	Activity in Village during Covid-19

Mobile Library	Tab Activity	Computer training	Bridge Course
			

Self Help Group (SHG) Project Activity sheet April 2021-March 2022

No.	Particulars	2021-22	Comments
1	Total Number of Loan taking SHG	3	
2	Total Inactive Groups	46	Because of covid
3	Number of up-to-date accounts	7	
4	Groups conducting Regular Meet-up	7	
5	Covid-19 Vaccination Awareness (Camps)	21	Awareness around 56 SHG
6	Brown Rice Chakki	1	
7	Banbu Training (Prashikshan)	30	Females
8	Bhatachi Longer	250	Completed by 1 SHG
9	Haldi Kunku Function	1	At Talavali Village
10	Exposure Visit	1	At Vangani Village
11	Bank Vaiyaktik Khate Kholane	12	Females
12	Mahilana Sahi Karne Shikavle	42	Females
13	To send SHG to Panchayat Samii to collect all material of documentation(Daptar)	22	SHGroups



Dr. M. L. Dhawale Memorial Trust, Charitable Services, Pune

The year 2021-2022 has been significant in developing insight and mobilizing resources towards developing this center as per our mission of excellence in providing Homoeopathic care in a cost-effective manner.

GERIATRIC CARE CENTRE

Post the last wave of COVID-19, a need was felt to address the senior citizens' health issues, especially after realizing the enormous impact of the pandemic, which affected at all levels, viz., physical, emotional, financial, familial and social. The costs involved were tremendous and above all this was a threat to life.

We, as a center, decided to take up a health project for senior citizens "जीवित शरदः शतम " and developed the clinic into a geriatric center, where we could provide holistic and specialized health care to senior citizens at affordable rates.

Accordingly, for patients above 60 years of age, we offered our clinical services at 50% lower rates. We had taken up various awareness lectures and health activities on issues of geriatric health e.g., Osteoporosis and Joint diseases, Mental health, lifestyle diseases, etc.

OSTEOPOROSIS PROJECT:

A pilot project to study the efficacy of Homoeopathy (low potency 6x was used) in Osteoporosis was conducted. About 100 patients were screened of which 30 patients took treatment for 3 months and were evaluated based on subjective and objective criteria (BMD study).

We could give subjective relief to 80% of patients while about 30 % of patients showed improvement in the BMD study. Though we could not conduct a proper systematic study due to limitations in resources, it gave us confidence as well as the patients that Homoeopathy can help in treating geriatric conditions.

We could create awareness about Osteoporosis through lectures and flyers in the geriatric community.

We could also highlight the importance of diet, exercise, daily walk and yoga through the activity.

WOMEN'S HEALTH ACTIVITY:

Women's health is an important issue. We conducted health awareness and screening activities for women. It included breast examination, obesity evaluation, thyroid testing along with general and systemic examination. About 63 females from various age groups benefited from this activity. We could address common health issues in females like, breast tumors, menstrual health, menopause, thyroid as well as joint disorders and anemia. A few patients who were diagnosed with thyroid diseases were enrolled under our thyroid research activity at Deenanath Mangeshkar Hospital, Pune.

We also stressed upon the importance of a female feeling empowered and giving equal importance to her own health and wellbeing as she does for the family.

The preparation for various clinical activities involved preparations on the part of the physicians and students, updating their clinical knowledge. Guidance of seniors physicians, especially Dr. Phansalkar Sir helped to improve our clinical services.

The centre caters to the health needs of senior citizens, women and children and we have planned our activities accordingly.

These activities are possible only because of help from a few generous donors and well-wishers. However, more help is needed to be able to sustain these activities regularly.

PATIENT STATISTICS:

Patients Statistics : 21-22				
Pune	Follow Up	Screening	New Cases	Total
Total	1,500	37	36	1,572

MLDT's Urban Charitable Services, Mumbai

Dr. M.L. Dhawale Trust runs 4 Homoeopathic Charitable Clinics in Mumbai and its suburbs for the lower socioeconomic needy strata of the community since 1984 at Deonar, Jogeshwari, Mahul, and Ghansoli are in collaboration with like -minded organisations.

The objective of urban clinical services is to provide quality health services to the needy urban community at charitable rates. This has been possible through our dedicated and sincere team of ICR trained physicians who have been constantly striving to achieve our motto of promising 'Quality assurance in a cost-effective way'.

MAHUL CLINIC

Mahul clinic was established in 1991 for the welfare of people of Mahul village.

2021-22, this was the period when the world was recovering from COVID era. The clinic's functioning had come to a standstill from April 2020 to August 2020. It was started in August (twice a week) and gradually it reverted to daily functioning. From January 2021 clinic resumed its daily functioning.

PATIENT STATISTICS MAHUL

FY 21-22	Total follow-ups	New cases	Screenings	Total
Total	4,860	79	115	5,054

PATIENT STATISTICS DAHISAR

Month 2021-2022	No of follow-ups	New Cases	Total
Total	3,357	58	3,415

Dr. M. L. Dhawale Memorial Homoeopathic Institute

REPUBLIC DAY CELEBRATION



Republic Day was celebrated by hoisting the flag followed by competition among PG residents on 'Popularizing vaccination for Covid 19 would significantly reduce the magnitude of the Public health crisis in India'. The competition was judged by Dr Rajesh Barve, Mrs Nilima Karande and Dr Shelly Sharma.

ACADEMICS

- MLDMHI admitted 25 students for the Postgraduate MD Homoeopathy course in the year June 2021-2022.



'AARAMBH' –The college hosted an official welcome to the new batch of residents on 22/04/22

- The results of MUHS MD (Hom) examinations for the academic year 2021 are as follows –
 1. MD I examination was held in the summer of 2021. It was attended by 4 PGTs who cleared the examination.
 2. MD II examination was held in the winter of 2021, It was attended by 34 PGTs of batch 2018-19, all cleared the examination.
- **Basic research Methodology workshop**

As a part of the curriculum and to generate interest and develop a research aptitude in PG aspirants, a workshop was organised for MD I batch between 16th June 2021 to 18th June 2021.

ACTIVITIES CONDUCTED BY THE COLLEGE UNDER THE UMBRELLA OF AZADI KA AMRIT MAHOTSAV

1. Environmental Day 2021



Environmental Day was conducted by MLDMHI by planting 55 plants in the campus by its residents on 22/07/2022

2. Free Health Check-Up Camps

In collaboration with Dr M L Dhawale Trust hospital, the college had conducted the two free health check up camps throughout the year and gave free health services to needy people in the vicinity of Palghar district.



3. Orientation of School Children To Ayush System



As per the direction of AYUSH Mantralaya, the college took the initiative to orient school children of X, XI and XII about various systems of medicines that come under AYUSH. During the peak of COVID, presentations were done in virtual mode. Post covid, offline presentations were conducted.

All above activities of *Azadi ka Amrit Mahotsav* were conducted as per the directions given by AYUSH Mantralaya.

INDEPENDENCE DAY

Independence day was celebrated by flag hoisting followed by Debate competition among PG residents on the topic “Medical Education in Regional language will help to deliver quality health care to the masses of India”.

Competition was judged by Mr Sudhir Dandekar, Mr Kiran Patil, teacher, Physical Education, Dandekar college, Palghar, Mrs Nilima Karande, retired teacher, English, Dandekar college, Palghar, Dr Brahmadeo Mishra, Principal, Virar Homoeopathic Medical college, Virar

Participants:

Gr I – Drs Irshad, Akshay , Gneya, Vandana, Shivani Rana

Gr II – Dr Mehwash, Monika, Manprit, Nishita, Viren, Dhvani (winners of the competition)

INTERNATIONAL YOGA DAY – 21st June 2021

MLDMHI conducted International Yoga day on 21st June 2021 in collaboration with AMI YOGA. Yoga was conducted online.

QUALITY ASSURANCE ASSESSMENT BY LIC

An inspection was conducted by the inspectors of MUHS. On the basis of Impact assessment, the institute passed it without a hitch.

CAREER GUIDANCE SESSION AND PLACEMENT DRIVE

In order to help the existing final year residents(batch of 2017-20) to plan their career, MLDMHI had organised CAREER GUIDING SESSION for its MD II residents on 15/01/2021. Dr Sachin Junagade, Reader Department of Homoeopathic philosophy and Dr Sonam Tiwari, Lecturer, Department of Practice of medicine under the guidance of Dr Anoop Nigvekar, HOD Repertory, coordinated the event. Final year residents benefited from the session. Life Force and DR Batra's Homoeopathy had shown interest to participate and offer opportunities to the doctors.

Thank You To

All Our Supporters And The Execution Team!

FY 2021-22

A few Partners & Well-wishers!



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Trust**



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