

**ICR NATIONAL SYMPOSIUM  
MIND & MATERIA MEDICA: PSYCHOLOGICAL DIMENSIONS IN CLINICAL  
PRACTICE**

**Case: 1**

**Drs. Shraddha/Rajesh/MKP**

**Objectives:**

1. Understanding the complexities of the mind using the T-F-C-A-R model focusing on the essential Attitude, Skills, and Knowledge (ASK) needed for a comprehensive understanding.
2. Understanding the impact of rejection faced as a 'female child' and the impact it has on the patient's subsequent life.
3. Examine conflicts faced by a sensitive, conscientious, and industrious woman, evaluating their impact on overall well-being.
4. Investigate psycho-somatic and psycho-dynamic dimensions in the genesis of Pemphigus Vulgaris in the presented case.
5. Discuss the importance of considering less-proved remedies in Homeopathic practice, especially when standard remedies may not fully capture the patient & symptomatology.
6. Integrating data from various sources to evolve comprehensive understanding of the mind of the remedy through the T-F-C-A-R model and its importance in remedy differentiation.

**Directives:**

Exhibit 1: History form.

1. Explore pemphigus vulgaris and vitiligo through the Structure, Form, and Function and comment on the type of diseases they are and the challenges of managing them.
2. What is the understanding of the state of susceptibility when both these diseases are present in one person.
3. What is the person understanding you can derive from the history form?
4. Based on the above understanding what would be your interview plan? Identify and address the challenges associated with the interview process. Develop strategies to overcome these challenges effectively.

Exhibit: II: Interview will be enacted

1. Observe the patient-physician interaction and make your notes.
2. Note the important life events in the patient's life and how has the patient reacted / responded to them. While making these notations also observe the patient-physician interaction in terms of the expressions along with the mannerisms, body language, gestures, and tone of the interview.
3. Focus on the thoughts-feelings-motivations and actions taken by the patient from time to time and state of balance struck by the patient. Support your observations with evidence.

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4. While focusing on the above also note the probable genesis of the thoughts and feelings in the patient
5. Construct the totality, select suitable approach, and come to a group of remedies.
6. Differentiate closely coming remedies by considering the TFCAR model of the patient and the remedies.
7. Do the planning and programming of the case considering the susceptibility and sensitivity.

**Exhibit I: Background and History**

**Background:**

In December 2005 she was referred by a physician with a lot of hope from Homeopathy for a most challenging condition - pemphigus vulgaris and vitiligo. She has developed mucus pemphigoid in oral cavity and eyes despite steroids and she also has a rapidly developing vitiligo. She sent her history on email the previous night to the interview.

**History:**

**Preliminary Information**

Name: X Y Z ADDRESS: S

Date of Birth: 1960 SEX: Female

STATUS: Married RELIGION: Hindu

FOOD: Vegetarian ADDICTION: Nothing

EDUCATION: Graduation

OCCUPATION: Managing business independently from last 25 years, managing 2000 labours + 300 staffs

**Family**

FATHER: Died 8 years back at the age of 80 by heart attack.

MOTHER: Alive 80 years, having obesity, osteoporosis, Acid reflux

SISTER – I: Age 55, living in UK. She is M.S. having 2 children, healthy.

SISTER – II: Age 48, living in I., She is Housewife. Giving volunteer service in Cancer hospital. She is having 2 children, healthy.

3 rd. Myself: Age 46. Living in S from 1987, having own business – Garment Export Unit. Having no children due to husband sperm count less.

BROTHER – I: Age 45, living in I. Had brain tumour 9 years back. He is cancer survivor. Having 2 children.

BROTHER – II: Age 43, living with me, healthy. Having one son.

MY HUSBAND: Age 52, healthy. Having cholesterol and some skin problem.

My brother and my mummy are staying with me in S.

**Daily Routine:**

Will get up at 5.45 a.m. Will go for 4.5 K.M. walk will be back by 6.45 a.m. in house.

At 7 a.m. will go for bath, by 7.30 a.m. will start Pranayama till 8.15 a.m.

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From 8.30 – 9.00 a.m. Meditation for half an hour. From 9.30a.m. – Breakfast.

Will eat Fruits & Carrot juice.

From 9.30 to 10.00 will go for work. Have to visit – 3 units.

By 12.30 p.m. will be back to my office.

Lunch by 1.00 – 2.00 p.m. with 1 soup, 1 roti, subji and butter milk.

Again, will go to factory seeing, factory rounds.

By 5.00 p.m. will be in office to meet people. By 7.00 p.m. back to home.

By 07.30 p.m. will have dinner – steamed vegetables, 1 bajra roti or any other dish which is made. By 9.00 p.m. to take bath. At 9.30 to read till 10.00 p.m. then sleep.

Financially very strong. Have no problem at all. From 1987 to 2000 had tough time to setting up factories. My job was full of tension. We had to meet delivery date. One day delay would result in discount or airfreight. To save that worked day / night. Before 2002 had worked daily up to 1.00 p.m. socially not involved much. Family side also had not much responsibility. Had very comfortable life except strain in work.

**Chief Complaints**

Pemphigus Vulgaris and Vitiligo.

Previously when I was young I used to get red rashes on body in school. In school after applying cream on body it went away. Use to get acidity 20 – 30 age.

Then in SI around in 1990, started getting red rashes.

In 1997 came to live in farm house. Then started getting red rashes (urticarial) more. My M. sister was also getting the same if she took tamarind and Chinese food. She got relief by homeopathy in M. She asked me to take the same. I took for 20 days. After that all red rashes vanished and got ulcer in mouth. Eyes became red, went to doctor. Then I visited my dermatologist. He said I have got autoimmune disorder “Pemphigus Vulgaris”. He asked me to take 60 mg. steroid by intravenous. I went to Hospital, C. on 29 th July 2002 and got biopsy done (ulcer on body 1-2 places and in mouth). It was diagnosis as “Pemphigus Vulgaris”.

Since V. is the best place for skin I met Dr. N. around 20.08.2002. She also confirmed and gave steroid tablets Wysolone 30mg along with Cellcept. Wysolone was withdrawn and I was supposed to be on Cellcept. I could not retain and it came back. I was switched to Deflazocorte (Colcorte) which is better steroid from US. I went to J. in 16.01.2004. After that I got good control. I could stay 6mg alternate day till last July 2005. When pemphigus in Dec.2004 was in control, I got red rashes for which I was given Allegra tablet. All of sudden I got white patches in leg 1 st, it came in arms next day with 10 days lot on leg and arm were covered. I went to V. They asked me to do UV Band. After starting UV Band my Pemphigus was also in control. Till today I’m on UV Band and 6mg Colcorte. I have stopped eating onion, garlic, coffee, tea from last 2 years. I need help for pemphigus and white patches to get the colour back.

**Other Complaints:** Have nothing.

**Personal Data**

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- a) 5' 2" height, fair, light eyes, brown long hair, wearing spectacles
- b) Very strong and sensitive person. Very close to brother, sister & mother. Do not socialize with outside people. As do not believe and have time to do so. Believe in keeping deep relation with few people. Very close attached to some staffs.
- c) I have nature to go deep in to work and people I know. And have been very responsible person. All workers, staff belief and trust me a lot. My doors are opened for them any time.
- d) I help people a lot financially. Lot of advances are given.

**REACTION TO SURROUNDING**

- a) **FOOD:** Cannot have tamarind, peanut, Chinese vinegar, was allergic to it. Have not taken onion, garlic, coffee, spices, and tea for last 2 years.
- b) **GENERAL ENVIRONMENT:** Live in farm house. Nature lover. Have 500 coconut trees around. Weather is 32' throughout. Always windy in our area.

**RECREATION**

- a) Reading books and music.

**ADDICTION:** Nothing

**SLEEP & DREAM:** Very good, no dreams.

**SEX:** Normal

**PREVIOUS ILLNESS:** Had red rashes and acidity.

**FAMILY HISTORY**

Father: Healthy Mother: Obesity, osteoporosis, acidity

1 st sister: Allergic, Sister's Daughter: Some red rashes

2 nd Sister: Allergic 4 th Brother: Brain Tumour, 9 years back survived

5 th Brother: Cold, skin rash Husband: Migraine, Skin problem, no children.

Last medical full check-up I have done one month back. I will bring it when I come