

DR. M. L. DHAWALE MEMORIAL ORGANIZATIONS
Presents
ICR SYMPOSIUM on
HOMOEOPATHIC APPROACH IN THYROID DISORDERS

On 7TH, 8TH & 9TH FEBRUARY 2020 (9.00 am to 6.00 pm)
VENUE: SION HOSPITAL AUDITORIUM, SION, MUMBAI 400022

Introduction:

Thyroid related disorders in India are increasing alarmingly and silently! Alarmingly because number of studies has indicated that around 11% people from India are suffering from Thyroid disorders and silently because around 8.5% people are suffering from subclinical hypothyroidism with Anti TPO positive state. The five common thyroid diseases in India are Hypothyroidism, Hyperthyroidism, Goiter, Hashimoto's thyroiditis, and Thyroid cancer.

Homoeopathic practitioners must have also noticed that many of the patients visiting them have thyroid related complaints as a primary or associated one. They approach homoeopaths with varied expectations:

- Their hormone levels - TSH, T3, T4 are not under control in spite of increasing the doses,
- Hormones are under normal range but they are not better! They are still having a majority of symptoms in spite of taking the prescribed medication
- Some want a permanent cure for thyroid problem
- Some come for other complaints and don't want any medication for thyroid problem

How does one deal with these expectations? In addition to it, how will a homoeopath be sure of what type of thyroid disorder s/he is dealing with? Sometime the disease classification is confusing. Why should one know the exact diagnosis, pathology & pathophysiology? Which investigations should be ordered and how frequently? What does it mean by Anti TPO positive or negative, with or without goiter? Moreover, how will this knowledge help in managing the case? Is it not sufficient just to know the susceptibility and characteristics in a case for the homoeopathic management? And how should one understand susceptibility when patient comes with above either with full of expressions or limited expression?

We as homeopaths believe that in order to cure the patient, we need to bring the deranged susceptibility of a patient to its original-harmonious state of health. Psycho-Neuro-Endocrine Immune (PNEI) system plays a pivotal role in maintaining homoeostasis (harmonious state of health) of an individual. In homoeopathic case taking physician needs to understand the role of factors (genetic/hereditary, developmental, nutritional, infectious, autoimmune and psychosocial) responsible for the travel of an individual from state of health to disease. From this perspective a homoeopath needs to cultivate a keen art of observation and fine sense of recognizing the expressions of PNEI system; i.e. the evolving symptoms and signs in its quantity, quality, pace and direction and tissues alterations to appreciate the clinical state. Integration of this with homoeopathic concepts of chronic diseases-its causes, expressions, and classification will enable to understand the miasmatic travel. Adequate knowledge of repertory and Materia medica aids in the selection of the similimum and alertness to the perceptible changes in the expressions with knowledge of posology will guide regulate the doses in order to take patient on the path of cure.

The Three-day symposium on Homoeopathic Approach in Thyroid disorder is organized keeping the following objectives:

1. To get an overview of thyroid gland its function and dysfunction in evolution of clinical states and knowing the importance of clinical examination & interpretation of lab investigations in the diagnosis and prognosis.
2. Evolving sensitivity, skills in case receiving in perceiving the psyche of patients and developing discipline in case recording.
3. Understanding the conceptual basis of the travel of the patient from Health to Disease in the Bio-Psycho-Socio environment and learning to operationalize the knowledge in case management.
4. Learning to analyze and evaluate symptomatology in formulating the clinico-pathological-miasmatic and psychological correlations to infer the qualitative and quantitative susceptibility.
5. Learning to select suitable approach to Totalities (chronic, intercurrent, and phasic) and selecting the similimum.
6. Understanding and applying the concepts of quantitative and qualitative aspects of susceptibility in posology and remedy response evaluation.
7. Learning about the effects of allopathic medicines used in thyroid disorders and regulating them along with homoeopathic management
8. Learning the role of diet, counselling and ancillary management in patients of Thyroid disorders
9. Attempting to evolve a standardized approach to the understanding and treatment of thyroid disorders through homoeopathy

Methodology:

Case material will be circulated in advance covering the spectrum of the common thyroid disorders seen in clinical practice of homoeopath. Participants should come prepared with the working. Together we will achieve more!! Case based discussion in large groups will focus on the application of various basic knowledges at the ground level and will help the participants to imbibe points for good clinical practice. This will be done through an analytical study of cases treated homoeopathically. An effort will be made to derive concepts which can then be applied in other experiences which visit the clinician. Presentations on relevant topics of clinical management will be done along with ancillary management. Not only will we get insight in the treatment of Thyroid disorders but we will get insight into the lives of Patients (who are our teachers) and grasp the skewed "darshan" of the self too!!

Participants who have interesting experience of management of Thyroid Disorders are requested to mail cases and their evidence-based experiences to symposium committee for presentation. Let's come to gather to fathom the depth & width of this disorder.

Symposium Directors:

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Fees: Rs 3000/- Payable to-Dr. M. L. Dhawale Memorial Trust.

For INTERNS & UG STUDENTS – Rs. 2500/- (After 31/01/2020) – Rs. 3000/-

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