

**ICR SYMPOSIUM – VADODARA, SEPTEMBER 2019
HOMOEOPATHIC MANAGEMENT OF COLONIC DISORDERS**

**CASE: 06
DR. MIHIR PARIKH**

OBJECTIVES:

1. Learn to treat case of functional bowel disorder.
2. Learning to appreciate on-going stress in a life of a WOMAN and its impact on digestion and absorption.
3. Learning to integrate the experiences of dealing with similar GIT complaints and exploring the role of “known” remedies.
4. Learning to select appropriate approach in a given case.

DIRECTIVES:

EXHIBIT: 1 - SCR

1. Give your clinical diagnosis.
2. Give your understanding about why patient is suffering
3. Erect your totality.
4. Select your similimum after differentiating with closely coming medicines.
5. Give your P & P.

EXHIBIT: 2 - FOLLOW-UP

1. Give your analysis of Remedy Response.

Send your working to – Dr Mihir Parikh, drmihir10@gmail.com

EXHIBIT: 1 – SCR

DOC-5-7-18

BS/81/18

MRS - PK, F, 58 YRS, HW, MARRIED

FA - 85, MO - 85

SPOUSE - COL. SS, 61 YRS, JOB - COMPANY - SECURITY

2sons – 32 / UM; 29 / UM

SIBLINGS - 2 BR - 1 Br - X at the age of 53 yrs, 60 yrs; 1 sis - 56 yrs/M

ADD - Baroda

CHIEF COMPLAIN:

LOCATION	SENSATION	MODALITY	CONCOMITANT
G I T SEPT - 17	Gases ++ / Eructation++ Feels as if BP has increased [BP use to increase?] Stool not clear – 2-4 times - as if diarrhoea	< outside food	Uneasiness. Sleep ~~
Jan - 18	Weight loss - 73 kg → 66kg → 58 kg		
At present [In addition to above]	↓ “As if nothing is digested” Gases ++ with pain -Abdomen+ Rumbling / Gurgling Heaviness++ of abdomen Taste ~~ [Had similar episode in 1993 which was diagnosed as Amoebiasis]	< Fried < Besan < Maida < Rajma / udad / Channa <3 Milk < Rice < Starchy food <2 Summer <2 fasting	

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ASSOCIATED COMPLAIN:

LOCATION	SENSATION	MODALITY	CONCOMITANT
P/H/O FGUT Sept 2017	Uterine bleeding ++ Heavy++	- Rx Ayurvedic Rx. - Hysterectomy done	

PHYSICAL GENERAL:

Lean, Fair

Hair growth on chin +

Heat General - + → ++ Partial - Abd2 / Palms2 / soles2

Perspiration - +++, Partial – Head 3 / Face 2 - Odours +, No stains

Craving - Chicken2 / Sour3 / Sweets / Spicy 2

Aversion - Milk3

Fasting causes Gases

Stool – H/o regular, consistency- ~~~ semi solid / once/day. Urine - N

Menstrual Function: Menopause started before 3½ yrs. Had heavy bleeding in Sept - 2017.

H/O- Before Menses- Heaviness of Breasts2 / Tenderness of breasts2 / Irritability2

Climacteric- Hot flushes3 / Perspiration 2 / Irritability increased with Mood swings ++

Leucorrhoea- ++ White/ sticky3/ thick 3

2 induced abortions

Both deliveries FTND

Sleep- ~~~

Dreams - Death of some one.

Swings <2 giddiness/ vertigo.

Motion sickness in hilly region++

Sun - Cannot tolerate -> headache.

C3H2 – occ. uncovers soles. No < odours.

P/H: Acne during adolescence, ? Allergic Dermatitis.

F/H: Mother - Diabetes M, ? Hypertension.

Father – IHD - Had undergone Bypass, Diabetic Neuropathy.

Brother1 – IHD - X, Had addiction of Alcohol

Sister - Some eye issue, Hypertension.

O/E: BP - 160/84, Tongue - Whitish - Yellowish, Nail - Rt Great toe - blackish+, Wt - 55.5 Kg.

Throat - N, P/A - NAD

LIFE SPACE:

Mrs PK is a Sikh lady and belongs to Punjab. She had 2 brothers. Both were elder to her and she has one younger sister. Her eldest brother died in an accident in end of 2016. Her father & mother are 85 yrs old. Her father is a farmer and has huge land [area not available with pt]. Her mother is house wife.

She was brought up in a strict environment as father is very irritable, strict and disciplinarian type. She still has fear of father++.

She described herself as SENSITIVE. She cannot express her feelings but feels hurt++.

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Her husband is retired Colonel from Army. He is very caring type. He takes utmost care of her. He is working in a private security agency. Due to his job in army they had to shift various places - all over India.

There were two incidences which affected her. Her brother to whom she was very attached died suddenly while doing farming (end of 2016). She was not able to meet him. It was very shocking for her. After brother's death, her father wanted to give plot to her. During this time, her elder SIL told her father that when she [pt] wants to settle down in Vadodara, what is the need of plot to her? So, father did not give plot to her which made her very upset. She was badly hurt. She was not able to tell anything to her father or her elder SIL. *"Sub mann main hi rehta hai"*.

After retirement of her husband from army, he got job at Vadodara so they had to shift with him. After coming to Vadodara, she feels very lonely. During this time only her elder son went to Canada for good. Her younger son was doing MBBS at Russia. So, she was all alone here. Her both sons are unmarried which also gives her anxiety as all their relatives / social circle is in Punjab so it becomes difficult for them to see match for their sons especially for elder son. She is also very anxious about their settlement.

Basically, she likes company so she goes to gurudwara and meets people. There is one reason for conflict with husband about religion. She firmly believes in Sikhism while her husband believes in all religions. So, there are arguments between them about religion. She said that he is very open minded whereas I am not.

She has not completed her bachelor studies as during 2nd year of college she got married and due to husband's transferable job, she was unable to pursue her studies. She likes to do Painting, Cooking, Creating some art pieces etc. She also likes music. She has multiple fears - like heights++, Snakes++, Dogs ++ & Father3.

Rx STARTED ON 5-7-18 - ACTION – 1

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EXHIBIT: 2 – FOLLOW – UP:

CRITERIA

1. SLEEP

2. STOOL - FREQUENCY

3. STOOL - CONSISTENCY

4. STOOL - URGING

5. ERUCTATIONS/ FLATUS

6. RUMBLING/ GURGLING

7. < FOOD ITEMS

8. TASTE

9. WEIGHT/ BP

10. O/E

11. INVESTIGATIONS

DATE	1	2	3	4	5	6	7	8	9	10	11	OTHERS	ACTION
10-7-18	G	3-4	SEMILIQUID	++	+ -> ++	-	-	-	- / 134/82	-	-		2
17-7-18	G	3-4 initially for 2 days, then 1/day, today 3 stools	Initially-loose then N	+	+ -> ++	0	< Chiku[?]	N	- / 130/80	-	-	Dryness - Mouth+	3
31-7-18	G	1-2	N	0	+	0	Nothing specific.	N	-			Feels thirsty+	4
7-8-18	~~	1-2	N- [once mucus with stool.]	-	+ -> ++	0	Started taking all kind of food in little quantity on her own.	N	-	-	-	-	5
14-8-18	~Because of colds	N	N	N	-	0	-	-	-	-	-	RS c/o+	6
	Colds. Running nose++, Sneezing ++, weakness- tiredness, SI throat pain. Thirst ++												7
16-8-18	-	-	-	-	-	-	-	-	-	-	-	>3. Dry Cough-occ.	8
21-8-18	>2	N	N	N	-	0	-	N	-		-	Colds - 0.	9
	Dryness Tongue with red patches.												
28-8-18	G	N	N	N	-	0	-	N	-	Wt 57kg			10
	Dryness of tongue +; O/E: Tongue - Redness ++ in centre, yellowish on sides. Hb - 12.7 gm%, FBS - 87.9, Uric Acid - 6.30, Vit B12 - 847, Vit D3 - 27.05.												

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DATE	1	2	3	4	5	6	7	8	9	10	11	OTHERS	ACTION
4-9-18	G	N	N	N	-	0	-	N	-	Tongue - >3	-	-	11
11-9-18	No c/o	1-2	Occ - loose	N	+~	0	-	N	-				12
	Mild backache, Thirst increased at night with dryness of mouth.												
18-9-18	Mild gases+. Pain -upper abd. Headache.												13
25-9-18 to 10-12-18	No c/o of GIT. On 23-10-18 had Pustular eruptions [Pomplyx-?] on Rt. Sole with itching/ Yellowish pus which was >3 with Pulsatilla-200-TDS for 3 days. Her weight remained at 57 Kg. She was taking almost all food items. She used to go to serve at <i>langar</i> at Gurudwara and used to eat there also. Now there are no frequent loose stools. Once she had outside food -> discomfort in abdomen. BP used to remain between 130/80 to 160/84.												14
11-12-18	Started seeing match for her son. Has to travel Punjab. Headache ~Sleep~, Occ stools 1-2 loose. No major complaints												15
1-1-19	G	2/day			Eructation +-> ++		Had outside food – irregularity in food.						16
	Headache+ but frequent due to travel. Dryness of throat.												
8-1-19	G	2/day	Loose				Same						17
	Tightness of abd+, One vomit. Pain -ear after waking up.												
12-1-19	G	3-4/day	Semi solid		+ - ++		< outside water[?]					Lt ear pain with gases[?]	18
17-1-19 to 25-3-19	>3. No major comp. Tension of Son's alliance for marriage & younger son not able to clear MCI exam continues. Once had ACDT after having spicy food. Has complain about numbness of hands with mild pain in neck. Patient was advised exercise. Weight 60 kg. BP- remains N.												19
26-3-19	No comp of GIT. Some [?] vague pains of Shoulder/ neck which is better ³ after 2 sessions of physiotherapy. Hb-11.5 gm%, S. Chol-213, TGL-91, LDL-153, HDL-62.5 Uric Acid- 5.3, HbA1c- 5.46. FBS-94.1, Vit B12- 697, Vit D3- 24.83												20
2-4-19 to 20-8-19	Patient is stable and has no complaints. She started taking all kind of food without much complaints. There were three mild gastric disturbances. 1. After outside food – Gurudwara with some orange juice 2.) After having ' <i>alavi</i> '. 3.) Once after having mangoes. All three times there were 1-2 loose stools. No other complaints. Her weight is now 63Kg .												