

**ICR SYMPOSIUM – VADODARA, SEPTEMBER 2019  
HOMOEOPATHIC MANAGEMENT OF COLONIC DISORDERS**

**CASE: 05  
DR. MIHIR PARIKH**

**OBJECTIVES:**

1. To understand the Clinical Diagnosis of GIT in Paediatric age group, especially in the Disorders of Malabsorption.
2. Learning to understand the selection of appropriate approach
3. Learning to manage such case while educating Parents.

**DIRECTIVES:**

**EXHIBIT: 1 INTRODUCTION + SCR**

1. Give your Clinical diagnosis with reasons. Discuss D/D.
2. Give your understanding about Patient as a Person.
3. Select appropriate approach. Give your Totality. Discuss closely coming medicines. Give your Remedy.
4. Would you like to give any advice to Parents? Discuss.

**EXHIBIT: 2 FOLLOW UPS:**

1. Give your understanding about RREF.

Send your working to - Dr Mihir Parikh, [drmihir10@gmail.com](mailto:drmihir10@gmail.com)

**EXHIBIT: 1**

**Introduction:** Mr A, father of AB called me to take appointment on 9-6-15. He described me that his daughter has severe problem of loose motions whenever she takes certain food. She is not gaining weight also. He appeared very anxious. He wanted me to give appointment as early as possible. He also said that they have undergone various investigations and has shown to India's best paediatricians[?]. He is more worried because all the investigations are coming normal but there is no relief in her complaints. They were called on Thursday, 11-6-15.

**DOC - 11-6-15**

**BS/41/15**

Miss AB, BD - 7-3-2008 [7+ YRS AT THE TIME OF DEFINITION], Female. Bengali.

FA- MR A, 40 YRS, JOB- ASIAN PAINTS; MO - MRS. S, 36 YRS NO SIBLING ADD - B

**CHIEF COMPLAIN:**

| LOCATION                                 | SENSATION  | MODALITIES   | CONCOMITANT  |
|--|--|--|--|
| G I T - From 6 months of age             | Constipation [H/O in 2009]   | ?> Allopathy Rx  | Dryness of lips  |
| [Frequency is dependent on type of food] | Pain abdomen ++<br>Loose stools 4-6/day<br>Offensive smell ++<br>Flatus ++ | A F Wheat<br>AF Milk & Milk<br>Products<br>> Allopathy Rx<br>[syrup/ Neopeptine] | Itching anus +-<br>frequently<br>No h/o worms.<br>Tongue - White<br>coating + - ++ |
| Duration- 1-2 days.                      | Not gaining weight.<br>[20 Kg since- one year]                             |  |  |

**[From 2009 to 2014, consulted various Consultants. Had undergone all the reports - Hemogram, Liver function test, Stool, Gluten & Milk allergy test, IgA, IgE, Test for haemoglobinopathies, Vit B 12 & Vit D3 - ALL TEST WERE NORMAL.]**

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**Physical General:**

Lean, thin, Wheatish complexion  
Teeth - H/O - Milk teeth - porous  
Perspiration – Head ++  
Craving – Wheat products<sup>3</sup> / Cake<sup>3</sup> / Fruits<sup>2</sup> / Chocalates<sup>2</sup> / Sugar<sup>2</sup> / Colddrinks<sup>2</sup> / Icecream<sup>2</sup>  
During Pregnancy - Mo had no complaints. FTND. Birth weight- 3.15Kg.  
At 1 ½ year of age Wt-9.05 kg.  
Milestones – NAD  
Brest feeding - Till 8-9 months. During weaning [6 months after] she was put on cow's milk.  
At time she started diarrhoea + → ++  
Sleep - less + Wakes up in between. H/o waking up frequently  
Fasting causes crankiness+  
Travelling Sickness <2 by car, Motion Sickness 2; Sensitive to diesel.  
Sun - X, Cannot wear tight clothes around waist / abdomen, uncovers abdomen at night  
Bath cold, warm in monsoon. C2H2

**F/H:**

- Fa - Backache
- Mo - Asthma, Indigestion, Pains, Had some sensitivity to Wheat
- PGMO - Sensitivity to Fried food.

**Life space:** A Bengali couple with their daughter came on time. Mr A is working in Asian Paints as Marketing Manager. Mrs S is housewife. Miss AB – 7+ yrs of age looked weak, lean thin. She has wheatish complexion like her parents.

As parents had decided for only one child, they are very protective about their only daughter. There were no complaints to child till the mother started weaning. But at that time, they thought that it will pass of as she grows. Later mother was able to observe the sensitivity of their daughter towards Wheat & Milk - Milk products. That made them anxious ++. How will she survive without Milk? They started consulting various child specialists at Kolkata & Mumbai. As all the investigations were coming normal, they were becoming more & more concern & anxious for their only daughter's illness. Their all relatives are in West Bengal. They do not have any relative in Vadodara. Father being in Marketing has to travel frequently. They stopped giving Wheat / Maida/ Milk / Milk Products.

The details about the patient:

Only child. Parents anxious ++, Over protected due to illness.  
Patient has fear of Alone<sup>3</sup> / Dark<sup>3</sup> / Water<sup>2</sup>. Takes time in adjusting with any new thing.  
Talkative 2, Attachment ++ with Mo & Fa. Pre conceived thoughts - does not change easily.  
School Report - She is Stubborn, Fearful, Shy & Timid.  
Hobbies - Drawing. Work - Not organised. Forgetful & Careless.

**O/E-** Abd- NAD, Tongue – N, Nails – N, Glands- NP, Wt - 20 kg

At the start of treatment: Parents does not give her Milk, Milk products & Wheat preparations. Being Bengali, main diet, she takes is rice & dal. So, at present no complaints.

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**EXHIBIT: 2 FOLLOW UPS:**

**CRITERIA:**

- |                        |                   |           |
|------------------------|-------------------|-----------|
| 1. APPETITE            | 5. MILK AGG       | 9. WEIGHT |
| 2. STOOL - FREQUENCY   | 6. WHEAT AGG      | 10. O/E   |
| 3. STOOL - CONSISTENCY | 7. ANUS - ITCHING |           |
| 4. PAIN - ABDOMEN      | 8. SKIN           |           |

| DATE     | 1   | 2  | 3          | 4                      | 5                       | 6   | 7 | 8      | 9          | 10                                 | ACTION |
|----------|---|--|------------|------------------------|-------------------------|---|---|--------|------------|------------------------------------|--------|
| 20-6-15  | No c/o. Yesterday had little Ice cream. Once little vomit when Mo tried to feed her forcefully.   |  |            |                        |                         |   |   |        |            |                                    | 1      |
| 29-6-15  |   |  |            | + after having Tang[?] |                         |   |   |        |            | White Coating on tongue+           | 2      |
| 7-7-15   |   | 2-3 -? after having Gems                   | Semi solid | 0                      | Not tried               | Not tried                                       | 0 | No c/o | -          |                                    | 3      |
| 18-7-15  |   | 1  | N          | 0                      | [Had milk chocolate]    | On 16 <sup>th</sup> given brown bread- No comp. | 0 | 0      | 20.5-21 Kg |                                    | 4      |
| 11-8-15  | Improving +   | 2-3  | N          | +                      |                         | Given roti-daily                                |   |        |            |                                    | 5      |
| 20-8-15  | No complaints. [Roti continues]   |  |            |                        |                         |   |   |        |            |                                    | 6      |
| 25-8-19  | Improving   | 1  | N          | 0                      | Not tried               | Wheat continue - No <.                          |   |        | 21 kg.     | Aphthous, White coating on tongue+ | 7      |
| 10-9-15  | Occ feels dryness of lips, legs. Occ dry cough after waking up in morning.  |  |            |                        |                         |   |   |        |            |                                    | 8      |
| 24- 9-15 | Better  | One offensive stool [had maggi / Prasad++] | N          | 0                      | Milk in little quantity | 0   |   |        |            | Bad breath+                        | 9      |
| 20-10-15 | No report in between. Now eats almost everything - Including Milk & Milk products. Occ pain – abdomen. Today came as having colds & cough since 2 days. Watery discharge from nose. Cough < lying down, > warm. Throat +. |  |            |                        |                         |   |   |        |            |                                    | 10     |

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| DATE  | 1  | 2  | 3     | 4 | 5 | 6 | 7 | 8 | 9     | 10 | ACTION |
|---|--|--|-------|---|---|---|---|---|-------|----|--------|
| 4-11-15   | No complaints.   |  |       |   |   |   |   |   |       |    | 11     |
| 28-11-15  | Had UTI. Took antibiotics. Once Vomit.   |  |       |   |   |   |   |   |       |    | 12     |
| 17-12-15  | No reports in between. Mo feels after course of antibiotics, she has to rush for stool after taking Milk / wheat / Maida. Has slight colds with sneezing.                                |  |       |   |   |   |   |   |       |    | 13     |
| 24-12-15  | OK. Occ has to rush for stool after eating. Eats everything except milk. Colds persists. Sneezing +, Cough +, Nose block ++  |  |       |   |   |   |   |   |       |    | 14     |
| 11-1-16   | No comp.   |  |       |   |   |   |   |   |       |    | 15     |
| 3-2-16  | N  | 6-7.<br>After having<br>outside food<br>from friend's<br>tiffin + maggi.<br>Today 3-4. | loose | 0 |   |   |   |   | 21kg. |    | 16     |
| 12-3-16   | Over all Ok. No c/o after eating food items which earlier used to give trouble. Since two days Slight Itching at anus. Her sensitivity towards milk has come back after [?] antibiotics. |  |       |   |   |   |   |   |       |    | 17     |
| 4-5-16 to<br>6-12-16  | No complaints. No colds. No gases. No itching anus. <b>Wt - 25 Kg.</b><br>Parents does not give milk. Has sensitivity towards- Milk, butter & Ghee. No problem with Curd/ Buttermilk.    |  |       |   |   |   |   |   |       |    | 18     |
| Summary - Patient is still under treatment. Now reports only SOS. She has gained weight.<br>In March -19 she was <b>36 kg</b> & in May -19 her <b>Wt was 37kg</b> . Now able to take Milk / Lassi / Ghee etc. |  |  |       |   |   |   |   |   |       |    |        |