

**ICR SYMPOSIUM – VADODARA, SEPTEMBER 2019
HOMOEOPATHIC MANAGEMENT OF COLONIC DISORDERS**

**CASE: 04
DR. PREETI MUNI / DR. HEMA PARIKH**

OBJECTIVES:

1. To understand the importance of sensitive analysis of History Form & to realize whether it becomes asset or liability.
2. To demonstrate the importance of Dr ↔ Pt relationship in receiving a sensitive unmarried “Lady”
3. To understand how a person gets caught up in web of CONSCIENCE = SENSITIVITY = RESPONSIBILITY and How this Trio becomes Asset or Liability in the **evolution** of an Individual.
4. To Evolve the of Portrait of patient vis a vis Materia Medica Images.
5. Understanding the importance of assessment of Sensitivity and susceptibility and its implication in Planning and programming and in Remedy Response analysis.

DIRECTIVES:

EXHIBIT - 1: [WRITE - UP]

1. Share your feelings after going through the write-up
2. Form the Problem definition [PD], Problem resolution [PR] and Interview plan [IP] after going through the write up. [Use PD PR IP Form]

EXHIBIT - 2: [SCR + LS]

1. Derive your precise Clinical Diagnosis.
2. After going through the document, Identify the location of the team.
3. Share your feelings after going through the case and identify why Patient is suffering?
4. Prepare EET
5. Differentiate the closely coming Medicines & select the Similimum.
6. Give your Planning & Programming with reasons.

EXHIBIT-3: [FOLLOW - UPS]

1. Asses the Action Result complex.

Send your working to:

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EXHIBIT -1 [WRITE UP] - The original history is of 14 pages, written in cursive writing. This is the typed copy of the original document.

Name – K.S, Age – 37 years, Sex –Female, Unmarried.

Occupation – By Profession I am an architect and interior designer.

- In our profession you're fully devote yourself physically as well as mentally.
- what our mind think that comes in design.
- The creation only works in thoughts and then it is converted into drawing form.
- we're having a responsibility about our client regarding budgets, work-progress and the most important is the person's faith in us.
- we've to work in office for drawing as well as on site for practical aspects
- We've to be very stable when we're on the work and the whole design should be in our mind & then on the paper
- For strain – sometimes we've to work our mind hours & hours, then only we get a result concentration needs
- As per in short says – the whole bldg worked out practically only on our presentation – shows hard work, stability, concentration, Imagination & then creation.
- We've to balance our attitude parallel like – very rough & tough with labours & very polite & stable with clients & very professional with material suppliers.
- So, we've to cultivate ourselves with the nature & type of presence of opposite person.

Chief Complaint

1. I'm allergic of dust, fume, smoke and particularly of colors.
2. I'm having reaction to sulpha, Analgin and Bruphen.
3. I had two major accidents, had It complaint & was better by normal treatment but due to heavy doses of medicine I've develop few reaction & side effects.
4. In 1999 I had little pain in the back, after taking normal treatment it did not improve so doctor advice to do M.I.R and it showed compression in disc.
5. I had a belt for one & half year & some of the precautions –that medicine really developed my digestive system very irregular & had gas trouble.
6. I took magnet therapy for 8 months & Acupressure for the some of the months.
7. Presently I've to do some exercise regularly and no forward bending & no long sitting on the floor.
8. Sometimes I feel nausea & eructation when I had a food. I feel uneasy also
9. For allergy & backache I went to Naturopathy centre In Jindal near Banglore –so I can avoid medicine which affects me in bad way – he advises to stop some of the food – and some morning water therapy.
10. The course of orthopaedic Dr. Sanjay – It affected me in digestion level & I had lot of hair fall & my Hb went little down.
11. Due to my bed rest for backache It affect my mental level & I couldn't sleep for whole 6 months. I was little busy & never rested for a day, so it disturbed my whole schedule – that result my Hb down – and indigestion.

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12. For that I consulted my Physician & he advised to consult Haematologist after some investigation.
13. He suggests me some Iron tablet & that react me in very heavy constipation & headache.
14. If I take spicy & oily food, I suddenly get coughing.
15. Sometimes I get numbness, pain in left leg, if I worked very hard & bended.

Accompanying troubles

1. due to allergic to dust---- I stopped cold drinks, --- even I cannot take anything kept in the freeze or any cold thing since last 8 to 10 years. I stopped after trial & error. I have stopped some of the fruits also.
2. I cannot take very spicy food. I stopped after Jindal treatment. I am not taking red chilies& oily food from 1996. I never have any problem of acidity.
3. Due to indigestion I cannot take any hard food like hard sprouts, heavy vegetables, very oily & fried things, no masala things - It gives me little pain in stomach after having it and may sometimes immediately move to toilets & get easily gas trouble.
4. I'm taking boiled water 24 hours from nearly 2-3years after the major problem of indigestion I have
5. I've to travel a lot and field person so water gives me little precautions from any of poisoning.
6. I cannot take very late-night food. I prefer to take it earlier only.

Personal Data

1. Physical description of self
 - I'm tall by height 5' 7" -170cms
 - I am in weight-76kgs.
 - I do exercise, morning walks and pranayam regularly.
 - I'm art loving person. I do play sitar.
2. Emotional nature & intellectual attainments & aspiration
 - I was born in 1964 very late comer to my parents. I was born when my mother was 41 years old.
 - I am 5th number in brothers & sisters one brother & 5 sisters
 - We have large gap between brothers & sisters.
 - My brother is eldest one. He is 24 years older than me, so I hardly found any brother character between us
 - I am attached well with all my sisters
 - By nature, I am very much emotional, sentimental & loving & people & family-oriented person.
 - With my own people I am Original & as well as very hard, tough & disciplined & particular with my profession & related persons.
 - I've very big & wide group of friends. I'm very transparent with all of them but I always keep different places of different people in my life.
 - I have all category of group & if I make a relation and feeling I maintain it forever.
 - I am adapted in two families. So, called I have three parents and all relation I maintain well.

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- I do my duties as per a past and never expect anything in return. I do for my satisfaction. I do like to meet a people & observe them.
- I can easily get along with opposite sex in any age group. I've very few friends in girls / female friend
- I've all of my friend's wife with very good relation. I never identify myself in only female character.
- I've good relation with my own parents and for my responsibility I came in Bhavnagar just because they need my presence. That time, I was in a good firm in Surat but due to stay in hostel for 8 years I know the value of house and parents. So, I came here and started my field from A. I accept a reality of life very easily.
- Some of my family members are not having good relation with me.
- my brother never took any responsibilities of house-he left house when I was 18years old and that time my own sister was expired in accident so that episode taught me a lot.
- I feel that you have to do and act for all your responsibilities for others and never expect in return. If you get it is fine. Otherwise, it hurt you.
- being single you have to make yourself stable and strong and parallel do your responsibilities. But do not do anything which one hurts or do not like to others. If it is in right way also leave it to others.
- I have always loyal and honest about my relation. I never forget that my limitation and boundaries of the society I am living in.
- I always act in such a way that peoples should know that I am lady so distance, respect and healthy relation works-with faith.
- You have to think about life in rationally, logically and worked for others at least who have value of your presence. For blood relation you have to do the duties as yours. No excuse in that.
- I have a different personality with friends- associate in profession and with family.

3. Reaction of surrounding:

A. Food:

- I stopped milk according to Ayurvedic doctor's advice and really help in my cold.
- Cold drinks, ice-cream, cold things I should avoid. I stop it from last many years.
- Heavy fruits, banana, pineapple, sitafal, oranges, (sometimes in winter) I cannot take.
- Red chilies I stopped. Oily food also. This all gives me in result severe bronchitis, cold, headache. I lost my voice for some times- some time pharyngitis.
- If I have heavy solid food like potatoes, wheat flour, milk products, fast food- it gives me stomach pain and sometimes loose motion and gas trouble.
- I do take more water and watery things. I do take butter milk regularly.
- Morning breakfast- I cannot take. If I have it gives me very uneasy feelings in work.
- I cannot take morning cook food in evening.
- I can have very light bland and boiled food and light food with juices and soup.
- I am fine when I am in town but I do travel a lot that times it creates problem.

B. General environments:

- I cannot move out when rain is falling.

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- I cannot stay more long time in air-conditioning (especially at night time)
- I do travel in A.C coach due to allergy to dust.
- Very heavy heat if I stand for a long time for site investigation it gives me loose motion if I take food than only.
- In summer also I cannot take cold bath, very late night I cannot take hair bath also.
- I have no any addiction so called.
- I am nature loving, simple living, and very broad thinking personality.

C. Sleep and dreams:

- I can sleep well if I am not in tension and in deep thoughts.
- Sometimes, I have dream, not all the times.
- During sleep, I do play music so I can easily get sleep.
- I never read any books or magazine before going for sleep. I read it in free time.

D. Sex:

- Two or three years back, I was irregular in menstrual cycle.
- due to exercise and some change in morning session- from last three year I am very much regular in menstrual cycle.
- No problem only things is during this day I have very much pain in both legs and little pain in stomach.
- being single I am very much virgin.
- I do not have any unfair things and relation related to this matter.

PREVIOUS ILLNESS:

- I have the illness only if I had or pass through the weather which one is not suit to me.
- By profession I have to be on site major time which one I cannot avoid.
- Doctor said, I have abnormal height as a female so I have some backache problem which one I cannot avoid.
- due to very limitation in intake food I have trouble while I do travel outside or be a guest at some house.
- Every time I cannot get boiled water.
- Some times on tour I have to be thirsty for long time not getting plain water, drinks also.
- due to heavy oily or chilly food I suddenly get coughing.
- In 1987- I had pleurisy; I took treatment of Dr. Anand for 9months.

FAMILY HISTORY:

- My father is running 80year- he is okay little weak and trouble as per age. Otherwise ok.
- My mother was on bed from last 8 years. She can do regular activity for her but not else. Suffering from osteoporosis. She is become weak by mind due to my sister's death. She has regular pain in back. She hardly moves out. She has 5'8" height.
- My eldest brother is running 60yrs. He is OK., not much related with family.
- My elder sister, she is running 46years and she is fine. She is very emotional. She has frequent menstrual disorder and loose motion problem.

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- 2nd of elder sister, she is recently suffering from cancer, it is diagnosed 4 years back. It appears malignancy in liver. She is very positive thinkers. She is okay and taking all treatment.
- when diagnosis doctor said she might have two months but thanks to god it has passed 4 years. The root is in breast but it spread it in back and liver so it cannot be operated. She is running 44years.
- 3rd of my elder sister was expired in 1983 due to accident. She expired after some hours that time she was running 22years. I was much more attached with her.
- Myself 5th number in row
- One of my younger sister, she is running 35years she is okay by health. Sometimes, she gets severe headache if she moves in heat. She had little backache problem. She wore belt for 6months now she is fine and have baby boy. She is 5'7" in height.

General Comments:

- I try to mention all the problem by your description but – I may forget to write it some way.
- I did all treatment very faithfully which treatment is advised by the doctor of any field.
- I took allopathy, Naturopathy, ayurvedic & some others. But I did not find any result, rather than that it developed more side effect and made my metabolism weak and weak. From 1999 – I have more complaints about health
- If I have missed to write in somehow please excuse me.

Thanking You.

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EXHIBIT: 2 [SCR + LIFESPACE]

DOC-15/4/02

Name: Miss K.S Age: 37 years
Occupation – Architect / Interior designer
Sisters: S₁ - 46, S₂ – 44, S₃ – Expired, S₄ – 35

Sex: F Status: Single
Father: 80 years Brother: 60 years
Address: Bhavnagar

Chief Complaints

No	Location	Sensation	Modalities	Accompaniments
1	R.S. - Since 1994 Throat ----- 1 st -2-3days F-Once/2months D-10-12days [Whole attack] Lungs----- 4 th -5 th days after Occ	Irritation++ Pain++ Voice hoarse Headache + Feverish feeling ↓ Cough ++ ↓ Dry ++ ↓ Wet- Whitish foam / Yellow Occ. Sticky expect. Suffocation → Rattling + / Wheezing +	<2 Rains <3 Dust, Fumes <3 Smoke <2 some food colours < 2 some Fruits < 2 Spicy < 2 milk < 3 Red chilies <3 Oily food <3 Cold food & drinks <2 A.C > ³ induced vomiting	Aversion to Talk to people Drowsiness.

ASSOCIATED COMPLAINTS:

No	Location	Sensation	Modalities	Accompaniments
1	G.I.T Since 1999 F--2-3 times/wk.	Pain + Gas + Heaviness++ Flatulence3 Stool sticky + / semisolid Stool 3 -4- 6 times Urge –frequent Has to rush to toilet Eructation+	AF – Vexation <3 POTATOES <3 SPROUTED PULSES < 3 TENSIONS <3 ANXIETY < 2Fried food < 3 Spicy food <3 Milk products <2 Late night food < 2 Sun (if food taken) <2 wheat flour < 2 Hair wash. >3 STOOL AFTER >2 light, Bland food, soups & juices	Headache

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2	Back Lumbar since 1998 sudden F-Related to modalities Radiation- Legs	Pain +++ Adv. Bed rest 2months ↓ Stretching of muscles Occ stiffness Pain+-----++, Numbness	Allopathic Treatment++ <3 EXERTION <3 STANDING <3 JERKS <2 Sitting long on the floor <2 Forward Bending <3 TENSION >2 Hot >3 REST >2 exercise	
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Patient as a Person:

Physical Characteristics: Appearance – lean till '81 weight gain – '87 after [Steroids], Obese, and Tall

Skin- H/O drug reaction.

Hair – fall +

Heat, warmth – Partial – palms 2/ soles 2

Odema – Partial - Leg ³ HANGING

Perspiration – General – Profuse, Partial – Face+ / forehead +

Digestion – Appetite – good Flatulence - ++

Desires – ICE CREAM³, SALT³, SOUR³, Lemon

Elimination – Stool – Associated complaint

Menstrual functions – F.M.P – 15 years

Menses at present – Regular, P/H – Irregular with wt. loss

Flow – normal, Duration – 3-4 days, colour: Dark –Red

Concomitants – Before menses – Leg pain+, Breast heaviness ++/ pain ++ as if needle pricking

Beginning of menses – Dysmenorrhea++, Leg pain+.

Leucorrhoea – occ. + when over tension.

DIET AND DAILY ROUTINE:

- Wakes up-6am—Yoga
- Breakfast
- 8.30-9—work
- Between 1-3-light brunch
- Dinner-8.30-9pm
- Sleep 11pm.

Sleep – At present GOOD since 14th Feb. Disturbed-separation after

Dreams –Description- Someone beating (nephew's wife), Fighting

Life situation: - Disturbed relation with nephew's wife, fights++

SUN - ³ Headache/GIT

Air conditioner < Prefers dark

Thermal State	Summer	Winter	monsoon
covers	Blanket	Blanket	blanket
Fan	Full	Nil	Nil
Bath	Warm	warm	warm

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Past History: Pleurisy '87, Cervical Spondylosis ['86 - '94], Accidents 2-3times.

Family History:

- Fa. Heart attack
- Mother -Bone T.B, Osteoporosis, Backache, Psychological problem,
- Sister—Cancer liver
- Sister—Backache/Frequent loose motions

Physical Examination:

Temp - N, weight - 76kg., Tongue- sl. white coated Throat, Chest – NAD Per Abdomen – NAD
 Pedal Edema - NAD

INVESTIGATIONS:

May 1992	Lumbar spine Report: Central & Right lateral herniation of L5-S1 intervertebral disc with indentation of lumbar dural theca & compression of right exiting Nerve root. Mild hypertrophy of ligamentum flavum at L4-L5 level.				
17 April 1993	X-ray Spin: Rudimentary bilateral cervical ribs - cervical spine shows minimal osteophytic lipping on C ₆ -C ₇ posteriorly.				
9/6/94	X-ray Cervical Spine: Suggest cervical spondylosis.				
3/11/98	MRI Report: Marked posterior disc protrusion with possible sequestration seen at L ₅ -S ₁ , level with the herniated disc causing marked compression over the anterior surface of thecal sac & pressure over the dorsal nerve root on left of L ₄ -L ₅ Early changes of disc densification and dehydration seen at L ₄ -L ₅ & L ₅ -S ₇ level.				
25/3/97	X-ray Chest – Broncho-vascular markings are prominent - Bronchitis				
3/7/99	Hemogram report: - Hb - 8.0 WBL - 9,800, P-56 (40-70), L-41(20-40), E-2 (1-4) M-1 (2-7)				
30/8/99	Report of Haematologist: Pt has microcytic, hypochromic anaemia with low reticulocyte count. Pt has mild iron deficiency & would require oral iron therapy				
8/7/99	Stool report: occult blood - present (trace)				
3/7/99	Urine report: Protein - +1, leucocytes - 38-40, erythrocytes - 3-5, Cast - Few granular cast				
4/8/99	Stool report: Occult blood - absent				
2/8/99	Hb - 8.3	25/4/00	Hb - 12.8	11/6/02	Hb - 10.2
23/8/99	Hb - 8.3	7/8/00	Hb - 10.1	22/7/02	Hb - 12.4
7/10/99	Hb - 10.2	4/6/01	Hb - 12.2	1/10/02	Hb - 11.3
18/1/00	Hb - 11.2	24/11/01	Hb - 11.2	21/1/03	Hb - 11.9
3/7/01	X-ray Chest - Prominent broncho - vascular marking in lungs suggestive of bronchitis.				
17/6/00	X-ray chest – Broncho-vascular marking prominent – Findings suggestive of bronchitis.				
1986	Number of X-ray Chest - for pleurisy - AKT taken.				

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LIFE SPACE:

KS is a 37 years old female with 5.6 height and dark complexion. Her look & gestures made us feel that she is bold & dominating. She is an architect and an interior designer by profession.

She is the 5th amongst 6 siblings. First is the eldest brother 60 years old, S-1, S-2 - 46 & 44 years, S-3 expired at the age of 22 years in an accident. The youngest sister is 35 years. All brothers & sisters are married except the patient.

Relations with Parents:

Father is 80 years old. He is very emotional as well as practical. He wants the children to take the decision on their own, whether right or wrong. He is a hard worker.

Mother is also sensitive but strict. She wants all her daughter to take up house hold duties irrespective of whatever they are studying. She is a perfectionist & all the siblings fear her even today. Both parents have broad thinking. Daughters can do anything they want but they have to remember that they are females. She wants every work done neat & clean.

Relations with elder brother:

Due to the wide gap between the brother & the sisters (gap of 15 years between him & elder sister) there is not much of relations with him. He is irresponsible, never took any responsibility of the family. As the father was working very hard & he being the only son of the family thought it would do if he does not work. At present there are occasional phone calls. He demands for things but not for duties.

Relations with sisters:

Pt was very much attached to the younger sister who died in an accident. It had affected her lot, means really a lot. That sister was very touchy & talkative. She loved children. After her death patient used to go to parks & remain with children, distribute sweets, in a way conveying the message to her sister. "This episode taught me a lot." Pt said. Patient is attached to her till date & talks to her daily in her diary & expresses all her feelings in the diary. Pt. says that I can express myself better in the diary.

After the sister's death pt. is attached with the sister elder to her (S-2). She is at Bangalore & is suffering from Ca breast & liver. Patient frequently visits her.

Pt. was born & brought up at Bhavnagar. She did her schooling at Bhavnagar. Since childhood she was very responsible & obedient. In school she was sincere in studies. Even as a child she used to shoulder responsibility of household work. Father used to appreciate her which encouraged her to be more responsible. She also likes neat & clean work like her mother. At school she was a good swimmer.

In 1981 i.e. after completing 12th, she went to Baroda to do her architecture. It was during this period that the father told the elder brother to leave the house & settle on his own. Brother left alone leaving his wife & children with the father. He did not want to take their responsibility also. After 5 years he took his wife & children but the eldest son continued to stay at Bhavnagar. When brother left patient was young & could not understand the situation.

In 1983 sister met with an accident & expired. Everybody in the family was disturbed mentally. Mother had developed psychological complaints. Patient wanted to return to

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Bhavnagar & do B.Sc. but everyone refused. She was in 2nd year of architecture & wanted to come to Bhavnagar & support her parents. Patient said that since 1983 I have responsibility – Psychological not financial.

In 1987 Pt. completed architecture & started working at Baroda itself (1988 – 90). At the same time, she did masters in sitar. Patient had a dream to do masters in dance immediately after 12th std., but father had refused to send her to Baroda for dance. She wanted to do something creative & therefore decided to take architecture & later did masters in sitar. In 1987 she had developed pleurisy after which she used to get respiratory complaints on & off.

She has a very good group of 13 people at Baroda, out of which she is the only female. She has good relations with everyone.

In 1990 – 93 she went to Surat & worked with a very good firm. By this time all the sisters had married. The psychological problem of the mother had increased. She had developed phobia for knife, scissors & sharp objects. She was badly suffering from osteoporosis. At that time father also had complaints of prostrate. He was also seriously unwell. Doctor advised that it would be good if some family person looks after them.

In 1994 she decided & immediately left Surat for Bhavnagar. “Due to the stay in hostel for 8 years I know the value of family.” She said. Patient came to Bhavnagar & started her profession from A. She returned to take the responsibility of parents, “For blood relations you have to do the duties as yours, no excuse in that. Out of emotions also I do work.”

Her allergic bronchitis started in 1994. She could not adjust with the mentality of Bhavnagar people. She said, “They cannot accept a female architect”. They talk roughly, do not respect a lady. She even dropped away certain projects half done for the same reason. Therefore, she started taking outside projects. “People in north & south do respect me as a lady. I enjoy doing work there.” Gradually she is learning to settle with the mentality of Bhavnagar. Now she arranges 2-3 meetings before starting the project, so that she can know the person properly. Whenever she takes any new projects her complaints aggravate & as time goes by, she settles with it.

In 1999 pt meet with the accident & was advised to have bed rest for one & half month. Before this her Nephew had got married & his wife could not adjust with the patient. Pt says that she is a wrong choice for the family but because of my brethren’s problems we had to compromise. She is not educated & has an attitude of a typical woman, whereas my parents are broad minded. She disturbed the harmony of the whole family. She did not like the presence of the patient. Whenever pt. would enter the house, she would scold her children. For all the problems pt. used to try & get a way out. Pt. never argued with her but things worsened. She stopped cooking for the patient but at the same time did not allow pt. to cook for all. So, pt. had to cook for her own. The Nephew’s wife did not like her presence. Pt. said “I cannot kill my physical presence.” Pt found it difficult to adjust her schedule. Pt had to go to the office, visit sites, arrange meeting with clients & cook only when the kitchen is free. Due to this situation pt. did not have food for almost one & half year in the house. Her Hemoglobin decreased & G.I.T complaints started during this period. Patient’s eyes were filled with tears while narrating the incidence. During this whole period patient used to cry continuously. She was depressed. All of a sudden, she used to develop vertigo, headache & pain in abdomen & had to rush to the toilet.

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All sisters, BIL, mother, father decided that the patient should separate & settle on her own. Actually, nephew's wife wanted to stay separate. But Father said that patient might get married & settle elsewhere. The nephew's wife has to look after them. He also told that you have spoiled your 5 years, now you get settled. Pt. did not agree to the solution but later thought practically – that all these people cannot be wrong & finally she agreed to leave. It took 6 months for her to digest this fact. Nephew's wife did not like patient working. She expected that patient should take complete responsibility of the parents & not do any work. Patient said that I will lock the office but give me promise that you will take our responsibility for life long. This is the first time when patient spoke harshly with her. Since then they are not on speaking terms.

Finally, in Feb 2001 she came to stay in her new flat. During the whole period her sleep was very disturbed. She had dreams of someone fighting or beating her. Now she has adjusted in her new home.

After her actual separation father could not balance himself. He got a heart attack & lost 10 – 15 Kg of weight. Mother though sensitized has balanced herself.

Her office is close to that house, so that parents can feel her psychological presence & she can go & help them in times of need. Parents cannot communicate with the nephew's wife for all their problems, so now she has the responsibility of 2 houses. Since the separation pt. fears that what will she answer if anyone questions about separation. When questioned are you sacrificing, patient replied "Yes, I have been doing that since long. Now, I have to think for myself."

Work – she is perfectionist at work whether at home or at the site or in the office. She never gets angry at home but if the work at office suffers, she gets very angry. She has to deal with uneducated people, material suppliers, construction workers etc. but she always feels that they have to respect her as a lady. She cannot rely on anyone for her work. Even when out of station, she is always anxious whether the work will be done properly & in time. With all her problems at home she was perfect in her work. Patient said that in our profession we have to devote ourselves fully, physically as well as mentally. The creation first comes in the thoughts then only it can come in drawings. They are responsible to clients regarding their budget, work progress. Most important is the faith of client in us.

Society – She always likes to be in male company. She does not like gossip of females. Only female group she is attached is because of the music & their common talk is related to the music. She has many friends. At Baroda they had a group of 13 people where she was the only female. With all the friends she is very close but reveals her problems to only those who can understand her emotionally. Patient is very loyal & honest in her relations & she never forgets the boundaries & limitations of the society. Patient maintains relations with all forever. She does her duties & never expects in return. She does it for her satisfaction.

Marriage – She believed that she should get married after studying & settling in profession. She says that people will call us if we have money. "I am not actually a money minded person." She started looking for guys when she was 27 years. But unfortunately, because of her height & looks it could not materialize. Moreover, parents believed in astrology which added to the problem. She says that people cannot accept my strength of work. They do not see me as Kalpana. When asked what type of a match she would like, she replied he should be a good human being.

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Future plan – she might go abroad & settle there. Has a no. of friends in the same field working abroad who can help her out. She might go alone or if she gets a right match can even get married.

When inquired of her hobbies she said that she loves nature, birds, trees & going for a walk.

ADDITION BY SUPERVISOR:

Miss K.S tall dark, obese female entered the chamber confidently and settled on the chair greeting physician with smile. She greeted two observers also.

Mo. is 4th pass PRACTICAL, EMOTIONAL AND STRICT, PERFECT & PUNCTUAL. Pt. said. “I am perfect and punctual like her, and that has helped me a lot professionally.

Elder Br. Was pampered 3 being only son. Pt. said though parents kept no difference between him and us, but he took it wrong way, as he was lazy. Fa. Being hard worker couldn't tolerate this.

On asking about the reason for selection of Architecture pt. said “I had possessive dream to be professional dancer, but fa. refused and said you can do dance parallel with something. So, she decided to do Architect but said she couldn't find time for dance. She said music gives me soothing effect.

How was your life at Baroda? Phy. asked, Fantastic, I was a sincere student, first person to be allowed to study outside, it was a challenge for me, I was very good at studies devoted, and I like creativity. I would like to do something in Art, never like medicine. She denied of having artistic qualities in any of family member, and said,” I am abnormal. I wanted to do something different, Parents supported.

When she left Surat, she was at the highest post in very good firm, where as she had to start from scratch at Bhavnagar. Effect? Nothing, if I have ability, I can prove it anywhere. Pt. === Nephew's wife, Pt. said she created lot of mental torture which creates more problems, she used to go out of the house and make a show. Now “If I am at my house for 1/2an hour also I feel strange, at the place where I stayed for so long”. What was the effect? “I think indigestion started since then. [Pt. crying with pain], I always used to think why she does this to me? I was crying for 24hrs. I can't find word to explain this. I was depressed, sleep disturbed, all of a sudden vertigo, headache, and pain in abd. and have to rush for toilet”. She is same with all my sister.

Marriage - How you felt about it? It is difficult, I have late marriage, they can't accept my strength, people are surprised, hostel girl, good group, only lady in 13 people, office single lady no one believes or accept. Nobody is ready to accept me as what I am.

What made you take up responsibility? “Papa appreciated it, I got satisfaction, occ. does feel lost, after all I am human being. I was like this since childhood, used to run when told for some work”.

Separation - It is difficult to say and follow it. Fa. said you separate but realization happened later on, [crying++ Voice trembles] It took 6 months to accept it. We are all very sensitive but appear to be very hard. I felt I am doing since long for all; I have to think for myself.

Nature - Anxious3 esp. sr., parents, about work, I am very perfect can't rely on others, remain tensed till done. I can't tolerate domination, injustice.

ICR SYMPOSIUM – VADODARA, SEPTEMBER 2019
HOMOEOPATHIC MANAGEMENT OF COLONIC DISORDERS

Hobbies - cooking, touring, music, meeting people, photography, swimming reading, writing articles.

Dreams occ sees in origin.

Observation - Expressive / co-operative / small question long answer. At the end of the Interview Pt. said, "Pleasure talking to you".

ICR SYMPOSIUM – VADODARA, SEPTEMBER 2019
HOMOEOPATHIC MANAGEMENT OF COLONIC DISORDERS

EXHIBIT: 3 [FOLLOW-UP] - CRITERIA

	A	B
1.	Sensitivity	Nausea
2	Sleep- Quality	Headache intensity
3	Dreams	Frequency
4	Breast Pain B.Menses	Cough – Intensity
5	Pain in abdomen	Expectoration
6	Stool – F	Rattling/Chest
7	Stool – mucus	Back pain – Intensity
8	Consistency	Menses – Regular
9	Gases	Menses – Leg Pain
10	Eructation	Leucorrhoea
11	P/A	HB

Date	1	2	3	4	5	6	7	8	9	10	Rx
15/4/02											1
22/4/02	S	>2	S	D	>	S	D	S	S	-	2
	Occ	D	S	D	Occ	-	-	Start today	+	-	
	Overall better by 10%, Fa unwell, Sis admitted to hospital										
1/5/02	D	>2	-	-	>	S	D	Normal	S	-	3
	0	0	0	Occ	-	-	++	-	-	-	
4/5/02	On Phone - Going out of station, asked for 1month Rx >3										4
12/6/ 02	++	N	-	S	-	2/day	Occ	Semi solid	Occ	Occ	5
	Occ	0	0	>50%	a.m 3-4 times	-	++	Reg LMP 24/5	++, cramps since 1 week	Occ	
3/7/02	>2	deep	-	-	-	1/day	-	N	-	++	6
	occ	-	-	+	white	mild	-	-	-	-	

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Date	1	2	3	4	5	6	7	8	9	10	Rx
10/7/02	>2	deep	-	-	-	-	-	-	Occ	+	7
	-	-	-	+	a.m	-	-	-	-	-	
Weakness ++, Throat, Chest – NAD											
15/ 8/02	Gases++, Eructation, Stool 4-5 times, watery, pain ++ abdomen, mucus mild, urgency++ thermal – chilly, Thirst- N, Pain even after passing stool										8
22/ 8/02	++	N	-	-	mild	2/day	-	N	++	++	9
	-	+ since 2days		Occ	<eating	-	-	Reg	-	-	
GIT->3 by 17/8, till 20/8 taken N.V infrequent doses. Family tension ++, much disturbed.											
26/8/02	+++	N	-	-	Am only	2/day	-	N	D	Occ	10
	-	-	-	+	am	-	-	-	+	-	
Mentally disturbed due to Social cause											
2/9/02 – 10/9/02	Coughing increased, expectoration++, morning, wheezing before coughing, A.F – Journey, Thirst – N, Thermal – Chilly, O/E – Throat, Chest – NAD. Mental Tensions+++ due to property matters										11
12/9/02	Phone - R.S->3										12
24/9/02 Going out of station	++	N	-	-	Occ	1-2 /day	-	N	++	+	13
	-	-	-	+	After eating	+	+	-	-	-	
Came to meet personally with gift and card With written on it-“to whom i owe a lot”											
4/10/02	S	N	-	-	-	1-2	-	N	+	++	14
	-	mild	occ	++	++	-	++	-	+	-	
coughing++, expectoration ++, A/F dusting, paint exposure- Intensity much less than before Throat, chest – NAD											
21/10/02	Better	N	-	-	-	N	-	N	+	Occ	15
	-	-	-	<am	+	+	++	-	-	-	
28/10/02	S	N	-	-	Nil	1-2	-	N	+	Occ	16
	-	-	-	>2	-	>2	-	-	-	-	
16/11/02	>	N	N	Nil	Nil	N	-	N	↓	↓	17
	-	-	-	Occ.	-	Nil	-	-	-	mild	
5/12/02	NO C/O										18

ICR SYMPOSIUM – VADODARA, SEPTEMBER 2019
HOMOEOPATHIC MANAGEMENT OF COLONIC DISORDERS

Date	1	2	3	4	5	6	7	8	9	10	Rx
16/12/02	B	N	N	-	-	N	-	N	++	Occ	19
	-	-	-	occ	am	-	+	-	-	-	
25/12/02	>	-	-	-	-	N	-	N	-	-	20
	-	-	-	Occ	occ	Nil	++	-	-	-	
6/1/03	N->3	N	-	Nil	-	1-2	-	N	++/2day	Nil	21
	Nil	Nil	-	am	am	Nil	++	-	-	-	
	Gases due to potatoes ++, C/O back pain due to journey ++, out of station, exertion										
13/1/03	N	N	-	-	+/2day	2-3 /day	-	N	+	-	22
	+/am	Nil	Nil	-	-	-	++/3day	-	-	-	
11/2/03	N	N	-	Nil	Nil	2/day	-	N	++	++	23
	+	Nil	Nil	am	Mild	-	+	-	-	-	
	21/1/03 – HB-11.9, LVF- N, RBS-124										
25/2/03	>	N	Occ	-	-	N	Nil	N	Decrease	Occ	24
	-	-	-	-	mild	-	++	-	-	-	
1/3/03 Pm	C/O Diarrhoea, 10- 15 times in am with severe pain ++ in abdomen, burning++ in stomach. At present F- Decrease, burning decreased but stool watery 3 and pain b. Stool++, >after stool										25
10/3/03	N	N	Occ.	-	-	1-2/day	-	N	-	-	26
	-	-	-	am	am	-	-	Reg	+++	-	
	dreams of daily routine										
21/3/03	[Phone] Pt.O K										27
28/3/03	B	G	-	-	mild	2-3	0	N	+	Occ	28
	-	-	-	0	0	0	-	+ since 23/3	+	-	
11/4/03	A/F journey, bad weather, rains. Mild gases, O/E: Throat, chest - NAD										29
16/4/03	Coughing ++, Rattling+, <am, Expectoration white, O/E – Throat, chest - NAD										30
1/5/03	>3	N	-	-	-	one	-	N	++	+	31
	-	-	-	mild	slight	-	-	reg	++	-	
10/5/03	>3	G	-	-	-	2	-	Slight loose	++	++	32
	-	-	-	-	slight	-	+	-	++	-	

ICR SYMPOSIUM – VADODARA, SEPTEMBER 2019
HOMOEOPATHIC MANAGEMENT OF COLONIC DISORDERS

Date	1	2	3	4	5	6	7	8	9	10	Rx
28/6/03	-	G	-	-	occ	2	-	loose	+	-	33
	-	-	-	+	+	-	++	-	+++	-	
	26/5/03 – Hb – 10.5, 29/5/03 – X- Ray L.Spine -										
8/7/03	>	G	-	-	mild	N	0	N	0	0	34
	0	0	0	0	slight	0	0	-	0	0	
18/7/03	Was out of station, had R.S complaints. Took K.C – 200. At present leg cramps +, eructation + Pt. much tensed as nephew went to court to seal the patients office.										35
29/7/03	Pt. again developed acute resp complaint, coughing3, rattling3, expectoration – yellowish, white sticky ++										36
7/8/03	Coughing ++, rattling ++, expectoration ++										37
12/8/03	Coughing better but +, rattling better but +, Leg cramps +, eructation +										38
6/9/03	[Phone] Better, Going out of station, wants regular Rx										39
2/10/03	>3	N	-	-	occ	N	0	N	mild	0	40
	0	0	-	occ	mild	-	-	30/9	+	-	
11/10/03	Tensed 3/ death of a close person, Expectoration mild, gases++, Pain Abd- mild										41
29/11/03	Over all better>3. NO C/O, Gases-nil, eructation –nil , coughing –nil, expectoration –mild										42
8/12/03	Overall >3										43
27/12/03	>	N	-	-	-	+	-	Slight lose	++	Occ	44
	-	-	-	-	slight	-	-	-	-	-	
13/1/04 TILL 12/8/06	GIT - Once, R.S – Twice [K C 1M] TILL NOW. SOS reporting										45
12/9/06	>3	G	0	0	0	N	0	N	0	0	46
	0	0	0	slight	0	0	0	reg	0	0	
2007-2018 Patient reports SOS	>3	G	0	0	0	0	0	0	0	0	47
				8 attacks till now							