

DR. M. L. DHAWALE MEMORIAL ORGANIZATIONS

Cordially invite you to

## THE HAHNEMANN DAY

Being celebrated on Sunday, the 8<sup>th</sup> of April 2018

### **Venue**

**Rural Homoeopathic Hospital, Palghar**

### **Timing**

10.00 am – 1.00 pm.

### **Programme:**

**MUSIC AND HOMOEOPATHY: EXPLORING SYNERGIES IN  
THE HEALING OF OURSELVES AND OUR PATIENTS**

**A PRESENTATION BY**

**DR SHARAD SHAH AND TEAM**

Dr. K. M. Dhawale  
Trustee

*Please turn over*

# MUSIC AND HOMOEOPATHY: EXPLORING SYNERGIES IN THE HEALING OF OURSELVES AND OUR PATIENTS

“If music be the food of love, play on,  
Give me excess of it; that surfeiting,  
The appetite may sicken, and so die.”

*William Shakespeare in ‘Twelfth Night’*

Duke Orsino asks for more music because he is frustrated in his courtship of Countess Olivia. He muses that an excess of music might cure his obsession with love, in the way that eating too much removes one's appetite for food. Such an insightful comparison between the functions of music and food and then using the former as a therapy to treat emotional excess! Not only the work of a poet but also that of an astute student of emotions and music.

Music has indeed attracted attention in all cultures and ages. India has had its legendary Baiju Bawra and Mian Tansen who could subdue the elements and invoke fire and rain. The West had the likes of Bach, Mozart and Beethoven composing astonishing pieces, some of which are famed for favourably influencing the progress of pregnancy. No wonder Albert Einstein said, “If I were not a physicist, I would probably be a musician. I often think in music. I live my daydreams in music. I see my life in terms of music.”

Music becomes pleasing as it possesses a balance of tones, harmony and rhythm. Even an untrained ear senses dissonance when a musician strikes a false note - it ruins the evening of a sensitive soul! All of us have had exquisite moments with our favourite music as it affects our moods and our thoughts. Confucius went to the extent of remarking “If one should desire to know whether a kingdom is well governed, if its morals are good or bad, the quality of its music will furnish the answer.” What is it that allows music to make such deep inroads into our beings and into civilizations?

A system in balance impacts other systems with which it connects. Hahnemann taught us to use the Similia principle in our daily work to bring about order in the disturbed vitality of our patients. Can a Homoeopath likewise hope to use the vibrations which music provides along with the similimum and bring about greater and deeper relief? Would it impact the body, the mind and perhaps the soul? And if that is possible, what sort of qualities and sensitivities should a Homoeopath develop to utilize musical energies effectively?

We are fortunate in having with us a senior Homoeopathic physician, **Dr. Sharad Shah**, who has been deeply immersed in this journey over the last 15-20 years. One of the first students of the ICR, Dr. Sharad soon discovered his extraordinary talent, affinity and understanding of Indian Classical music. He subjected himself to a rigorous training and is now an accomplished musician and composer. In addition, he has discovered a deep relationship between mantras (Jain and Hindu) and music which is based on the scientifically proved principle of sympathetic vibrations. Through his long medical career, he has had a chance of using this knowledge on himself, his family and patients and has seen extensive transformations in the state of health.

This Hahnemann Day will provide us a wonderful opportunity to experience the synergy between music and the Homoeopathic science. Dr. Sharad Shah with his team brings together an audio presentation to take us on an interactive journey from within without giving us glimpses of our hidden sensitivities and demonstrating how we can integrate the energy of sound with potentized energies and experience a different level of cure in our work. At the end of the session, we are bound to end up enriched and charged to explore a new avenue of healing. Do attend in large numbers and participate in this audio-spiritual journey.