

# **Dr. M L Dhawale Memorial Trust**

## **Annual Report 2015-16**

### **INDEX**

<b>S.N.</b>	<b>Particulars</b>	<b>Page No.</b>
<b>I</b>	<b><i>Highlights of Year 2015 – 2016</i></b>	<b>1</b>
<b>II</b>	<b><i>Activities of Centers</i></b>	
	<b><i>i.</i></b> Rural Homoeopathic Hospital, Palghar	<b>2-6</b>
	<b><i>ii.</i></b> Smt. Janaki Bachhu Dube Homoeopathic Hospital, Bhopoli	<b>7-16</b>
	<b><i>iii.</i></b> BMC's Holistic Mother and Child Care Centre, Dahisar	<b>17-19</b>
	<b><i>iv.</i></b> Dr. M.L. Dhawale Memorial Homoeopathic Medico Surgical and Research Centre, Malad	<b>20-21</b>
	<b><i>v.</i></b> Pune Branch Activities	<b>22-23</b>
<b>III</b>	<b><i>Academic Activities</i></b>	<b>24</b>
<b>IV</b>	<b><i>Urban Charitable Clinics</i></b>	<b>25-27</b>
<b>V</b>	<b><i>Centre of Excellence, Rural Homoeopathic Hospital, Palghar</i></b>	<b>28-35</b>

## Highlights of the Year 2015-16

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- We are proud to receive The GuideStar India's Gold – Transparency Verified Certificate.
- The MLDT hospital at Malad has completed a quarter of a century this year.

## Dr. M.L. Dhawale Memorial Trust's Rural Homoeopathic Hospital, Palghar

### Annual report 2015-16

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- Inauguration of 3 Dialysis Machines Donated by: Shri.Rajendra Goliya, Smt.Minal Mahendra Mehta, Shri Champalalji Dhokaon 28<sup>th</sup> February 2016. With this total 8 Dialysis Machines are serving patients at present.
- ICU patient relative accommodation Donated by Shri.Ramu Deoraji: Chairman, G. Amphray Laboratories, Mumbai was inaugurated on 28<sup>th</sup> February 2016.
- New water cooler was installed in main Waiting Square which was donated by Pushpa Babur of Lions club of Bombay Malad Marve on 28<sup>th</sup> February 2016.
- Inauguration of the **BMD machine (Dexa scan)** donated by Cognizant foundation for the 1<sup>st</sup> time in Palghar district on 29<sup>th</sup> July 2015.
- New 200 KVA generator usage started in this year which has enabled our hospital to give continuous electrical supply in emergency departments.
- Anukampa ward, Special Care unit & Deluxe rooms facilities started on 26<sup>th</sup> Oct 2015.
  - **Anukampa Ward:** 18 beds for Psychiatric Patients, Alcohol De-abdication, Memory loss , Parkinsonism, Paralysis & Neurological problem.
  - **Special care unit(SCU):** 6 beds fully equipped with manpower and latest technology.
  - **Deluxe room:** 3 well furnished deluxe rooms
- Cashless facility made available for Mediclaim policy Holders of Medi Assist, Paramount Health Services, Star Health Insurance & HDFC Ergo.
- MUHS Nasik and CCH Delhi inspections were conducted in the year 2015-16.
- State of the art Auditorium facility made available for community programs.

(Social welfare department, Govt. of Maharashtra held workshop for reporters of Palghar district on occasion of Dr.Ambedkar Jayanti- 12<sup>th</sup> March 2015). This would be available on rent for organizing seminars, workshops, industrial training programs, meetings etc.

❖ **Patient statistics for the year April 2015- March 2016**

Department	NEW	FOLLOW UP	TOTAL PATIENTS
Homoeopathy	2489	35694	38183
Casualty			6142
Gynecology & Obstetrics	860	2445	3305
ANC			53
Medicine	4313	9399	13712
Orthopedics	1436	1647	3083
Surgery	407	572	979
Ophthalmic	543	1152	1695
Physiotherapy	249	2074	2323
Neuro-physiotherapy	22	87	109
Occupational Therapy	23	243	266
Pediatrics	573	427	1000
Diet & Nutrition	550	71	621
Dental	612	1233	1845
Cardiology			310
Speech Therapy	65	665	730
Dialysis			3867
<b>Total OPD Patients</b>			<b>78223</b>
<b>Supportive Departments</b>	<b>OPD</b>	<b>IPD</b>	
Pathology	5091	5736	10827
X-Ray	2649	1490	4139
ECG	1550	1928	3478
EEG			83
Sonography	1081	530	1611
BMD			94
2D Echo			310
Ambulance			321
<b>IPD Patients</b>			<b>4282</b>
<b>Total Patients</b>			<b>103368</b>

❖ **Charitable activities:** - April15 to March16.

**1. Information regarding “Palghar Rotary Dialysis Center”**

- Inauguration of the 3 Dialysis Machines on 28<sup>th</sup> February 2016 & total 8 Dialysis Machines are available for service at present.
- Community department existing contact with community donor, well-wisher, reporter, doctors & patents for up gradation & continuation of services.
- Total Patents 46 & 32 Patients have been given Facility at subsidized rate Rs.375.
- Now 6 patients are on the waiting list.

➤ **Expenses towards subsidized dialysis :**

Month	Subsidy Provided
April 15	69000
May 15	66375
Jun 15	75375
July 15	84800
Aug 15	90800
Sept 15	96800
Oct 15	104400
Nov 15	89600
Dec 15	90800
Jan 16	91200
Feb 16	82875
March 16	93000
<b>Total</b>	<b>1035025</b>

2. **Total 103 free Cataract operations were conducted during April 2015 to March 2016.**

3. **IPF/PPF/RHH Concession:**

Mode of charity	No of Patients	Total bill	Help given to patients
<b>PPF</b>	103	1227580	280340
<b>RHH Concession</b>	266	2516891	649458
<b>IPF</b>	290	2987410	1617711
<b>Total Charity</b>	<b>659</b>	<b>6731881</b>	<b>2547509</b>

- ❖ **All together 792 poor patients have received help of Rs. 38, 42,609 from our hospital.**
- ❖ **Alcoholic anonymous Vishal group & Diabetes club activities are regularly being conducted in our hospital.**

❖ **Diabetes club:**

Total club members- 40

**1. Activities conducted:-**

- **Sugar Check-up: Total 24 club Members benefited.**
- **Body Mass Index (BMI Test): 30 club Members are benefited. (7<sup>th</sup> Sept 2015)**
- **MLDT Research department arranged stress test evaluation of club members (4<sup>th</sup> Jan 2016).**
- **HbA1c Camp: Total 33 Club Members are benefited.(14/3/16)**
- **Free Dental Checkup for all club members.(Month of March)**
- **On 12<sup>th</sup> Feb 2016 conducted picnic for DM club members.**

**2. Session –**

- Heart & Kidney with Diabetes (April15).
  - Diabetes & Leg-eye care (May15)
  - Diabetes & diet (June)
  - Diabetes &Yoga (July15)
  - Importance of Dental Healthcare in Diabetic Patients (Aug 15)
  - Diabetes & Stress Management (Sept 15)
  - Heart & Kidney with Diabetes (Oct 15)
  - Diabetes & Leg-eye care (Nov 15)
  - Diabetes & diet (Dec 15)
  - Diabetes & Stress Management (Jan16)
  - Diabetes &Yoga (Feb 16)
  - Importance of Dental Healthcare in Diabetic Patients. (March 16)
- Different tests required for diabetes are available in charitable rates for DM Club members.

❖ **School health program running in 3 vernacular medium Schools from 2011 to till December 2015 which is supported by NPCIL(Nuclear power cooperation of India Ltd. Tarapur unit.**

Following activities were conducted:

- I. Life skills: Dental Hygiene, stress management sessions, gender education session, Hygiene, Know the emotion.
- II. Physical and psychological evaluation of students from the three schools.
- III. Follow ups of the students already under treatment from Homi Bhabha High School and Shigaon Ashram School.

#### IV. IQ testing

##### ❖ **Community Volunteers project:**

- **Objective:** To establish our net working in surrounding villages & enhancing our community activity by creating cadres of social volunteers, with intention to improve our patient care.
- **Meeting with community volunteers**
  - **Date:** - 18<sup>th</sup> March 2016.
  - **Place** – RHH Premises.
  - **Total no. of social volunteers present** – 11.

##### ❖ **Donation activity:**

- RHH has Community Care Committee for poor patients fund we do not turn away a single patient because he cannot pay. So, this Poor Patient Fund works for financial support of those patients. (CCC meeting is regularly conducted after every 3 months and whenever required at RHH)
- Community Department is enhancing CCC members through reaching out to nearby industries and people in community. At present total No. of CCC members is 70 in which 20 members have newly joined as members.
- Community department also taking efforts to enhance funds and donations by approaching nearby industries and creating awareness among community with the help of brochures and PPT presentations.

##### ❖ **Details of the Awareness Program/Camp Conducted by RHH Palghar: April 2015 to March 2016**

<b>Date</b>	<b>Awareness Program /Camp</b>	<b>Place/Venue</b>	<b>Group</b>	<b>Total Beneficiaries</b>
18 <sup>th</sup> & 25 <sup>th</sup> April 2015	Geriatric Camp	RHH, Palghar	Senior Citizens (Above 60 Y.)	46 & 18
18 <sup>th</sup> & 25 <sup>th</sup> April 2015	Orientation Programme for Teachers regarding Rehabilitation Services	RHH Palghar	Teacher from Palghar & Boisar Schools	33 & 25
26 <sup>th</sup> June 2015	Graceful Aging a lecture by Dr. Shubha Thatte	RHH Palghar	Senior Citizen	70
12 <sup>th</sup> Sept 15	Geriatric Camp & Graceful Aging sessi	RHH Palghar	Senior Citizens	75

	on.			
16 <sup>th</sup> Oct 2015	Pediatric Camp	RHH, Palghar	4y.to 12y.Childrens	70

## Smt. Janaki Bachu Dube Homoeopathic Hospital, Bhopoli

### Health Activities 2015-16

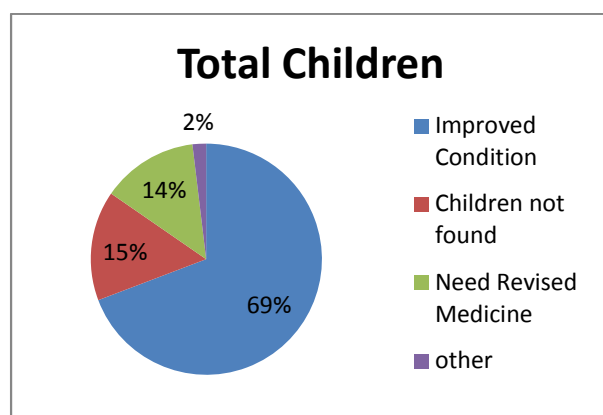
#### Malnutrition

Malnutrition needs no introduction. More than 50% of the children under the age of 5 in the area that we serve are severely malnourished stunting their physical and mental growth. We have embarked upon a project to implement long term sustainable methods for mitigating malnutrition covering 25 villages consisting of over 1250 malnourished children through the medium of Homoeopathic care.

The project commenced in October 2015 in the territory of Kurunze Primary Health Center with screening of 104 children from 18 Aanganwadis. Case definition was prepared for each child by recording the basic parameters of malnourishment as well as other family conditions. Based on that a treatment plan with Homoeopathic medication was defined for each child. Regular monitoring and follow up is being done monthly. Mothers were counselled regarding ways for feeding & caring for their children. Regular Check-up and follow up has begun showing significant improvement in the health of malnourished children.

#### **Impact:**

Treatment Analysis:



revised treatment plan.

Out of 104, 72 children were found healthier than earlier. There was a significant improvement and weight gain among these children.

16 children were unavailable for follow-up due to migration of their parents. This is one of the major causes of Malnutrition in the country.

Fourteen children showed insignificant change and hence have been put under a



Malnourishment emerges from the maternal undernourishment. If the mother is stunted, the chances of child being born stunted increases. There are multiple reasons for a mother being undernourished namely early age marriages, low education, poor financial condition, myths related to food consumption during pregnancy and otherwise.

### **Support:**

Rotary Club of Palghar supplied Vetox powder (nutritional supplements) to 120 pregnant ladies. During pregnancy a lot of improvement in their overall health and weight gain was noted. This has resulted in safer delivery & healthier mother & child.

### **Health Awareness Meetings:**

Health awareness is the most critical component of health care. To spread awareness on illnesses, medications, hospital facilities, precautions to be taken during various health issues, 41 village meetings were organised. Topics covered during these meeting were: Homoeopathic Medicines and its effectiveness, Importance of good nutrition to the mother during pregnancy, risk factor during pregnancy, importance of institutional Delivery, Malnourishment, Anemia among others. Tuberculosis & Leprosy, Total 1048 males & females & their family members were “educated” during these meetings.

Regular ANC & PNC Care through MHU & Distribution of Supplementary Medicine for Needy Patients

### **Malnutrition Awareness Workshop:**

A three day workshop was conducted for Community Health Workers to explain importance of Malnutrition, Breastfeeding, NeonatalCare for 1000 days & Communication with Mothers. The sessions were conducted by renowned Child Specialist Dr. RupaDalal, her fellow doctors and Dr. Kale. The workshop was attended by 35 CHVs, 5 MPWs, Dr, Sujata Goda, Dr. Yogini, Dr. Sujit Swami.

Through effective use of audio-visual clips, charts, posters and other communication media, a detail discussion and question-answer sessions were conducted on(a) Causes of Malnutrition (b) First 1000 days,(from conception) of neonatal period (c) Good practices of Breast-feeding and (d) Counselling of expectant mother. CHVs were oriented to guide expectant mothers about food and nutrition, regular check-ups, preventive methods to evacuate malnutrition. The CHVs found the sessions extremely engaging & beneficial. They have voluntarily decided to form a Pregnancy club-information centre for pregnant ladies.

One of the activities was to show the audio-visual presentation ‘Jeevan- ek-chamatkar (Life- the Miracle) which was useful to understand the entire journey of the baby in the

womb since its conception. This would definitely help families to overcome the myths related to pregnancy.

The film also focused on Importance of Breast feeding, colostrums, best positions to feed the new born to make him comfortable, time duration between two feedings, collection and storage of breast-milk were the important take away of the session

Conclusion:

Overall we realized that focusing of Promotion & Prevention of “HEALTH” along with treating of disease was an important need of the area and this was attempted regularly.

**Patients statistics:**

**Bhopoli Hospital Monthly Patient Data 2015-16**

Dept. Month	Casualty		Hospital OPD		OPD Total no. of patient	IPD	Mobile Patient	Patient transfer to Palghar	Peripheral OPD N/C	Peripheral OPD F/C	Total No. of Patient
	New	FU	New	FU							
Apr-15	7	27	76	409	519	9	244	8	9	440	1229
May-15	12	39	81	424	556	11	247	5	5	416	1240
Jun-15	18	33	82	419	552	14	310	7	17	448	1348
Jul-15	5	61	90	481	637	15	398	3	14	422	1489
Aug-15	14	45	88	455	602	5	301	1	28	568	1505
Sep-15	6	37	60	425	528	7	302	4	17	525	1383
Oct-15	25	54	72	416	567	11	266	3	37	583	1467
Nov-15	16	37	81	421	555	6	239	5	18	491	1314
Dec-15	17	40	118	495	670	14	345	5	22	565	1621
Jan-16	16	48	79	472	615	6	248	3	16	610	1498
Feb-16	5	37	90	525	657	3	283	4	28	613	1588
Mar-16	13	86	62	525	686	11	258	7	22	562	1546

**Organic Farming 2015- 16**

**Sustainable Organic Farming & Tree plantation Programme at Bhopoli 2015 -16**

**I. Broad goal**

The broad goal of this project is to make farming on small land plots ecologically sustainable and economically viable and meet food security and balanced nutrition needs of the family along with incomes for enhancing quality of life.

The tree plantation project taken up this year supports the above goal and in addition through creating green cover favorably influences creation of a suitable micro climate.

## II. Target Group

We worked with 50 tribal resource deprived farmers drawn from 8 villages. Our intent is these farmers will help to promote sustainable farming in their respective villages by enrolling more farmers.

Tree plantation project covered 50 farmers and 139 women from 15 Self Help Groups (SHGs) across three villages.

## III. Interventions

**a. Provision of needed farm implements** – MLDT provided farm implements and resources required for farming – drums, spray pumps, paddy threshing machine, motor for pumping etc to select farmers within group

**b. Capacity building** – Farmers were trained in paddy cultivation processes at BAIF centre and field visit to learn about paddy cultivation on raised beds. Soil improvement through on field demos of composting, vermicompost beds, preparation of organic bio pesticides, disease and pest control were the prime areas. In December field visits to three organic farms were organized to learn vegetable cultivation and mixed cropping in action.

**c. Irrigation** – Two bore wells and 4 dug pits formed part of irrigation support enabling these farmers to cultivate round the year.

**d. Paddy Cultivation** – Farmers implemented both processes System of Rice Intensification and raised beds method. Farmers who used appropriate quality of inputs got very good results. 55% of plots under observation produced yields of over 35KG/guntha or 1400 kgs/acre 70 – 80% of taluka average. The challenge is to produce consistent results covering their entire field. Prime challenges are unpredictable climatic conditions, inadequate organic inputs and strict adherence to process.

**e. Vegetable Cultivation & Marketing** – This constitutes the prime farm linked livelihood activity for farmers who cultivate round the year. The results are as below:

Season	Number of farmers	Quantity Supplied in Kgs	Value Realized in Rs.	Average per farmer in Rs.	Maximum Farmer earning
Kharif 2015	13 (old)	3340.5	116917.5	8994	21105
Kharif 2015	16 (first time)	1289.2	45122	2820	6405
Rabi 15 -16	14 (old)	6987	244545	17467	57540
Rabi 15 - 16	20 (first time)	5890	206150	10308	47005

A stable marketing arrangement with ISKON, Wada greatly helped to sustain this production.

Growth in vegetable production and consequently average farmer earnings has been tremendous compared to last year for the same group of farmers.

Season	Vegetable value Rs.	sale	Average farmer earnings in Rs.
Kharif 2014	45000		2812
Kharif 2015	116917.5		21105
Growth in %	260		175
Rabi 2014	139098		9935
Rabi 2015	244545		17467
Growth in %	319		175

**f. Additional livelihood avenue** - To help sustain farmers who undertake round the year farming additional livelihood option has been firmed up and a proposal has been submitted to the tribal development department of Government to allocate funds for purchase of mini rice mill, power tiller and flour mill to be run by the group. The group has completed all necessary formalities. However Government release of funds is pending. This will help supplement their agricultural incomes and bring greater stability on their livelihood front.

For the new farmer group explorations are on for poultry as their additional livelihood option.

**g. Tree plantation** – 1111 trees were distributed to 50 farmers and 139 women. Twelve varieties of fruit trees and one flowering tree were selected. The survival rate is 89%.

#### IV. Our Partners

We have been ably supported by:

- People for Progress in India (PPI) – a USA based NGO which has funded us for past 5 years towards Sustainable Farming as well as Tree Plantation project
- HDFC Bank - funding since 2014 towards sustainable farming for 25 farmers for total period of 3 years

#### V. Priorities Ahead

- Create robust demo cum training plots on atleast 8 – 10 farmer fields
- Strengthen farmer group and leadership within them
- Establish peer guaranteed system (PGS) for organic certification of produce
- Promote sustainable farming to new areas and commence new farmer group

#### Warli Report 2015-16

#### ***Scenario of the Indian Handicraft Industry:***

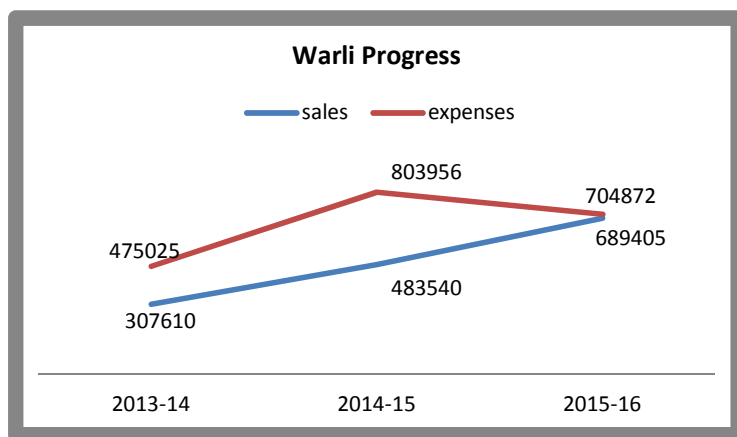
Handicraft industry is one of the biggest employers in rural India. It provides employment to a vast segment of craftpersons in tribal, rural & semi urban areas and generates substantial foreign exchange for the country, while preserving its cultural heritage. Low initial investment, availability of skills, potential for export are few of the factors which are helping this industry to grow further. But Indian handicraft industry is highly decentralized & unorganised therefore stuck in vicious circle of marketing and production issues.

**MLDT’s Warli art Project:**

We initiated The Warli art project in September 2013 with support from a USA based funding agency and Late Mr. Niranjana Benegal to preserve the folk art-Warli and to create livelihood opportunities in the community. In the journey of past 3 years we have gained knowledge, confidence and expertise to manage such uncommon project which required multidisciplinary approach to make it sustainable. We faced several challenges in the process such as marketing, managing production schedules, inventory management, new products etc.. We are in continuous search of innovative solutions. .

With donor support and after setting up few marketing channels, we have defined expansion plans for the upcoming year to take the project on another height.

**Achievement:**



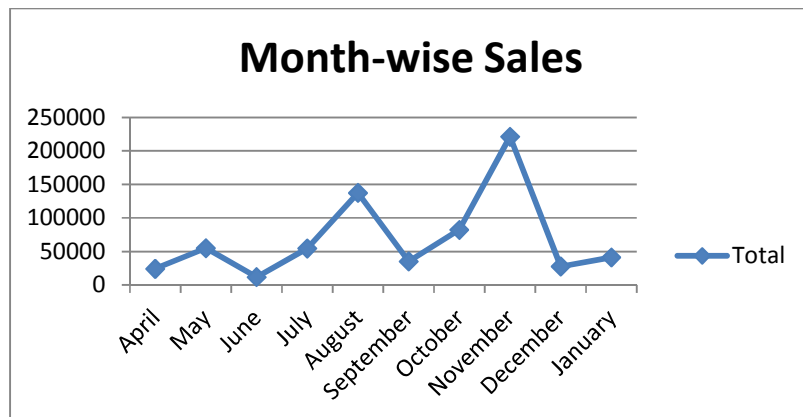
In this financial year we achieved the breakeven point in spite of suffering huge losses in the preceding year. Structured Inventory planning, new market entry, new product designs, outsourcing & increased in-house production capacity, proper monitoring processes are the main drivers to make this possible.

**Impact and Challenges:**

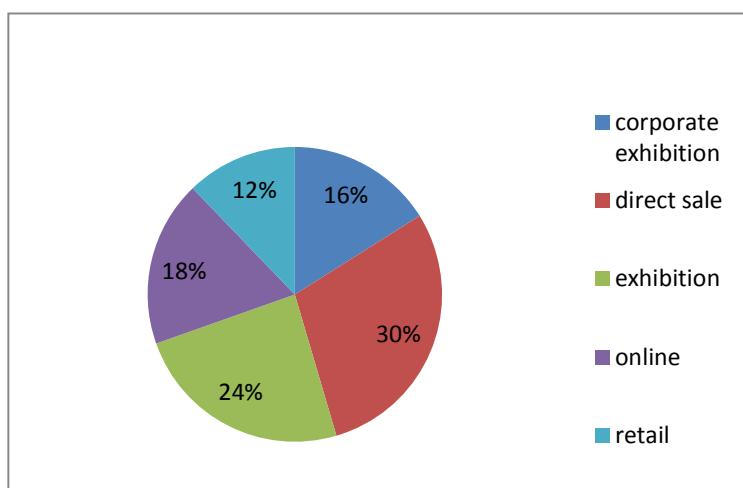
Substantial increase in the earning capacity for 7 in-house artists.

Outsourcing arrangement with other artists in the region has provided them with additional income.

Poor infrastructure, remote location, lack of transportation facilities, non availability of Raw Material in nearby area cause the rise in expenditure



### Sales Channels Distribution



We have generated maximum revenue from the direct sales and exhibitions.

This year we participated at Dastkar's Bangalore exhibition where we achieved sales of more than Rs. 100000/-

With the help of Social Services Enterprise and IDOBRO we participated in several corporate exhibitions.

### Future plans:

1. Increase revenue by 30% to achieve steady growth in Income
2. New Product development to meet market demand
3. Branding, advertising and Certification of the group
4. Expand the activity in order to benefit at least 5 new people of the community therefore reducing dependency.

### Educational Activities 2015-16:

MLDT's educational programme for holistic development of school children is executed with the support from Each One Teach One Charitable Foundation. The objective of this

programme is to provide quality education in formal and informal ways to prepare tribal students for their better future. The extra coaching sessions for S.S.C students has been very successful for giving them a confidence for further studies. The overall scores of individual students and thereby passing percentage of schools is increasing year by year. Good score in S.S.C exam opens the doors of the reputed colleges for these underprivileged boys and girls. Girls have started attending colleges which has resulted in decrease in the rate of early marriages.

As a part of life education, we have started with 'Jigyasa' programme for adolescents wherein Sex Education, career planning, managing trouble teens, depression etc knowledge is being provided. In the course, they learn to identify such problems and skills of managing them efficiently. The programme has helped many in planning the career options such as B.Ed, D.ED, ITI Diploma, Nursing, B.A., M. A. among other.

Learning cannot take place inside a room, one need to go out and experience things to understand them better. By this principle, 10<sup>th</sup> grade students are taken for field visit, picnic at various places. This year total 600 students were taken to Mumbai- Gateway of India & Nehru Science Centre. Students who were seeing Mumbai for the first time; their faces were shining bright with pure joy and amusement! In addition to this, sports competition, cultural programmes are organised to encourage students to express their hidden talent. Uniforms, notebooks are distributed to motivate them to come to school regularly.

### **“DISCOVER”**

While working with S.S.C. students, we realised the need of working with 8<sup>th</sup> and 9<sup>th</sup> class students to set a base for board exam. We started the programme called 'DISCOVER' for 8<sup>th</sup>& 9<sup>th</sup> class students in collaboration with Adhyayan- The Mumbai based organization. The programme includes workshops in Maths, Science, Geography and English. 10 students from 8 schools are trained during the workshop and with the help of volunteers they reach out to their schools and provide training to all the other students. Olympiads of various subjects are organized, this year total 3500 students participated in this competition. This year we also started Geography Olympiad for Junior College students. In spite of being our first year, we received overwhelming response from the students.

40 students from 8 schools were given a training of science experiments. These students organized Science exhibition at their respective schools where they demonstrated 20 different experiments for other students who could see and try their hands. This experiential learning has started showing results as students have started taking keen interest in subject like science which used to be the most hated subject. Students are willing to participate in training workshops without any compulsion. Their process card now shows the improvement which was never seen earlier!

**Bachat Gat ( Self Help Group ) 2015-16**

Sr. No	Name of Taluka Place	Total Established SHG 2015-16	First Gradation 2015-2016	Loan Sanction & Disbusment 2015-16	100 % repayment	50 repaym ent 2015-16
1.	25 village	95	76	24	14	6

Total No Of Family In SHG Project : 950

- Total No Of Small Udogya : 760
- Total No Of Big Udogya : 240
- Total Saving : 456000
- Total RF Ammount : 1036000
- Total Lone Ammount : 4050000

**Education Programme 2015 – 2016**

- Project Area Of Education Programme : Vikramgad Taluka
- Total No Of School In Education Programme : 10 School (Highschool)
- Total No Of School In Education Programme : 7 School (Zila Parishd Shala)
- Total No Of Collage In Education Programme: 9 (Collage)
- Duration Of Education Programme : April To March
- Education Programme Suported By
  1. Adhyayan Trust
  - 2.Each One Teach One Foundation
  - 3.Real (USA)

Result of S.S.C School wise

Year	Bhopoli High school	Kev High school	Krunze High school	Uprale High school	Vastyal Ashram School	Bhopoli Ashram School	Kondgoan highschool	Man Ashram
2013-14 (%)	85	100	100	97	94	87	90	97
2014-15(%)	95	100	98	99	98	96	100	75

1. Mobile Library

Sr.	Total Reader	Total Schools	Total Books
1.	14902	17	2115



Dr. M.L Dhawale Memorial Trust Bhopoli

2. Computer Training

Sr.	Total Student	Total School	Total Laptop
1.	4530	8	10

3. Vocational Training

A. Tailoring

Sr.	Total Student
1.	34

B. Wireman

Sr.	Total Student
1.	12

Adhyayan & Dr.M.L.Dhawale Memorial Trust Bhopoli

1.8<sup>th</sup>&9<sup>th</sup> Student Workshop

Sr.	Total Student	Total School
1.	80	8

2.10<sup>th</sup> Student Workshop

Sr.	Total Student	Total School
1.	80	8

4. Science Olympic Computation

Sr.	Total Student	Total School
1.	100	10

1. Math's Olympic Computation

Sr.	Total Student	Total School
1.	100	10

1. Geographic Olympic Computation 11<sup>th</sup>& 12 Student

Sr.	Total Student	Total School
1.	90	9

## BMC's Holistic Mother & Child Care Hospital, Dahisar

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### Highlights:

- The BMC Health post adjacent to our hospital is undergoing renovation work, which may go on for 6 -7 months. They had approached us in Jan. 2016 with a request to shifting and accommodate of Ashokvan Health Post for this ensuring period. Our OPD will be used only for CuT insertion at a specified time (1-3 pm). Apart from this no other clinical activities will be conducted.

### Academic Activities 2015 -16:

- Weekly bed side sessions were not conducted regularly earlier, but 12 sessions conducted by since March '15, and this will be a regular feature.
- SCR sessions conducted regularly on Saturdays with 1 mth vacation in the mth of May '15.
- IDA (Indian Dental Association) lectures has been stopped from August 2015 onwards.

### Patients Statistics F.Y. 2015-16:

Particulars	OPD	IPD	Total
OBG GENERAL	5499	454	5953
OBG BMC	1192	80	1272
PAED GENERAL	742	102	844
PAED BMC	45	0	45
HOM	14675	13	14688
MEDICINE	111	6	117
SURGICAL	60	7	67
NICU	0	15	15
CASUA	508	0	508
USG	648	0	648
PATHO	1657	0	1657
NST	107	0	107
ECG	20	0	20
VACC.	579	0	579
MUSKAN	190	0	190
DENTAL	2012	0	2012
PHYSIO.	538	0	538

REMEDN	374	0	374
X-RAY	17	0	17
IQ TEST	25	0	25
<b>TOTAL</b>	<b>28999</b>	<b>677</b>	<b>29676</b>

#### Charitable Activity 2015 –16:

- Total 62 patients have received help of Rs. 4,11,729/- from IPF A/c.

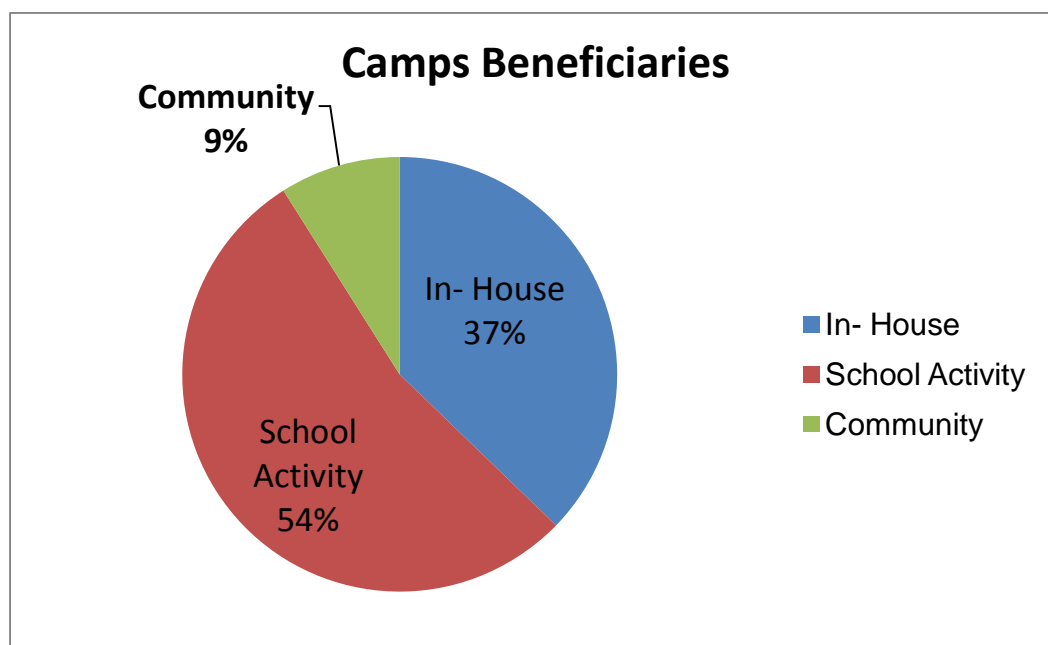
**Table: XXX**

Mode of charity	No of patients	Total bill	Total help given to Patients
IPF	62	11,18,028/-	4,11,729/-

#### Community Activities 2015 –16:

**Table:**

Camps	No. of Events	Beneficiaries
In- House	29	600
School Activity	5	867
Community	2	145
<b>Total</b>	<b>36</b>	<b>1612</b>



#### Visitors:

- On 9<sup>th</sup> June 2015, CDO-RN Mr.Baburao Ghodake & MOH-RN Dr.Neelkantha Patil has visited hospital for the assessment of payments of water charges and no any issue found to them.
- On 10<sup>th</sup> June 2015, General visit by Audit team and Dr. O.B. Valepawar, AHO.
- On 11<sup>th</sup> June 2015, General visit by AMC –Dr.Sanjay Deshmukh, Dr.Pranita Tipre, MOH-Dr. Neelkantha Patil and audit team.

#### **New Appointments in 2015-16:**

<b>DOJ</b>	<b>Name</b>	<b>Degree</b>	<b>Designation</b>
<b>09.04.2015</b>	Mrs. Pratibha Sanghvi	M.A. Clinical Psychology	Clinical Psychologist
<b>04.05.2015</b>	Dr. Kriti Mishra(Tiwari)	BHMS, ICR,SCR	Hom. Physician
<b>21.05.2015</b>	Dr. Samrendra Pratap Singh	BDS	Dentist
<b>10.06.2015</b>	Dr. Neha Kulkarni	BDS	Dentist
<b>19.06.2015</b>	Dr. Prriya Porwal	Paedodontics & Preventive Dentistry	Dentist
<b>03.08.2015</b>	Dr. Sunita Mehta	M.B.B.S, D.G.O	Gynecologist
<b>03.08.2015</b>	Dr. Parul Shah	MD, MRCOG, DNB, FCPS, DGO	Gynecologist
<b>08.09.2015</b>	Dr. Vidya Arunachalam	MD Hom	Hom Physician
<b>14.09.2015</b>	Dr. Minal Dhas Vanmali	MD Hom	Senior Medical officer
<b>25.11.2015</b>	Mr. Vivek Vijay Desai	B.Ed Special Education	Remediator
<b>09.02.2016</b>	Dr. Vallari Dhruv	BDS	Dentist
<b>15.02.2016</b>	Dr. Manali Deshpande	BPTH	Physiotherapist
<b>16.03.2016</b>	Dr. Latika Agrawal	MD Hom	Medical officer

**Dr. M.L. Dhawale Memorial Homoeopathic Medico Surgical and Research Centre,  
Malad**

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**Highlights of the Hospital:**

1. Started Homeopathic OPD at Shashi Mangal School (Goregaon-W) since Jan-2016. Catering 110 Students+ Teachers+ Non-teaching staff.
2. Collaboration with Path foundation for TB Eradication programme in which free CBC,ESR,C-Xray,gene-xpert test, Suptum AFB, Biospyfirst line drugs and pre work up of second line is offered free of cost since Oct-15.
3. Helping patient for Rajiv Gandhi scheme in private hospital for kidney stone and by pass operation since April-15.

**Patients Statistics F.Y. 2015-16:**

<b>Department</b>	<b>OPD</b>	<b>IPD</b>
Homoeopathic	8576	0
Gynecology	2578	163
Pediatrics	1237	105
Medicine	662	207
Surgery	123	63
Dental	1461	0
Physiotherapy	2001	0
ANC	3025	0
ORTHO	151	4
ECG	235	0
Casualty	1432	0
OPD Proc	1	0
Pathology	4140	0
Delivery	435	0
CU T-INS	10	0
IUI	0	0
USG	805	0
NST	90	0

<b>Total</b>	<b>26962</b>	<b>542</b>
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**Charitable Activity 2015-16 :**

- Total 8 patients have received help of Rs. 53,840/- from IPF A/c.

<b>Mode of charity</b>	<b>No of patients</b>	<b>Total bill</b>	<b>Total help given to patients</b>
IPF	8	1,32,070/-	53,840/-

**Camp Details:**

<b>Camp</b>	<b>No. of Events</b>	<b>No. of Beneficiaries</b>
<b>In House</b>	17	1037
<b>School Activity</b>	2	700
<b>Community</b>	1	15

## PUNE BRANCH ACTIVITIES

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🌈 **June 2015** : New batch of students joined the institute. This batch comprises of 1 part timers and 2 full timer. The full timers came from a remote district Chandrapur college from the depth of Vidarbha.

🌈 **AUGUST 2015**. The SCR EXAM was conducted in Pune. 2 students attended and the result showed one clearing with assignment.

🌈 **2<sup>nd</sup> to 4<sup>th</sup> OCTOBER 2015**:**The SCR workshop: Durg Chattisgarh.**

The scr workshop was conducted first time in Chattisgarh and this was a natural progression for the Raipur homoeopathic Study Circle after being associated with the institute for more than 8 years and attending all our symposiums and seminars and conducting seminars in Raipur. This was a residential workshop conducted and more than 43 delegates attended it. It was the first time the scr was taken as a tool from all the pages. The case was presented by Dr Prakash Chareja as the chief faculty along with Dr Umesh Pore. It was a unique experience for both the faculty and the delegates from the Raipur group. The whole experience could touch all the relevant technical issues of the scr as well the life and living component of success and costs of the same. This was a powerful experience for all including the office bearers of Raipur Hom Study Circle which moved a lot of them to tears as a result of significant introspection and insights. The scr was actually being used by quite a few for the first time. The workshop as a result was an experiment in trying to reach out the scr and the ICR methodology to people who have not had formal training with the institute.

🌈 **MARCH 2016**. A symposium of Materia Medica was held at Deenanath Mangeshkar Hospital. on 11<sup>th</sup>,12<sup>th</sup> Feb & 13<sup>th</sup> of March 2016. The theme was: **ICR Symposium On Homoeopathic Prescribing. EXPERIENCING THE ESSENCE OF A DRUG AND ITS COMPARITIVE EVOLUTION IN HOMOEOPATHIC PRESCRIBING.**

🌈 The symposium was attended by 218 participants. The 13 cases focused on the Materia Medica through the study of the EET.

### Clinical Patient Data 2015-16

Charitable Clinics	Screening	New	Follow Up	Total
Pirangut	153		1759	1912
Poud	37		618	655
Kharalwadi	61	63	3123	3245
D.P. Road	64	35	1569	1668
Gururaj Clinic	19	28	908	955
Kripal ashram	91	17	1960	2068

Three of our consultants also visit DeenanathMangeshkarHospital.

A fully charitable clinic in association with Kripal ashram at Ghorpadi Peth functions only on Sundays and sees around 200 patients every month.



## Academic Activities 2015-16

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**HAHNEMANN DAY 2015** was celebrated on Sunday, the 19TH April 2015, Venue Dr. M L Dhawale Memorial Trust, BMC's Holistic M & C care Hospital, Dahisar (East), Mumbai- 400068 on Conceptual Integration: The Importance of Hahnemannian Foundations In Crossing New Frontiers Of Homoeopathic Practice and total **88** peoples attended this programme. Professor, Department of Repertory, D S Homoeopathic College, Pune, Dr. Kirti Chouhan, MD (Hom)&Dr. Vikram Chouhan MD (Hom) were the speakers in this program.

**ICR Day & Founder's Day** on 19<sup>th</sup> July 2015 at Dr. M L Dhawale Memorial Trust, BMC's Holistic M & C Care Hospital, Dahisar (East), Mumbai-68 on Infusing Hope-Mobilizing Resources-Restoring Health, Reaching Homoeopathy To Farther Shores As "Each LifeMatters":Tales From The Lipoid Comprehensive Child Care Project,Karjan, Presentation: Dr. Hema Parikhand the Lipoid Comprehensive Child Care Project Team, MKSMEC,Karjan. Total **65** peoples were attended this program.

**ICR SYMPOSIUM – Vadodara** on 31<sup>st</sup> July, 1<sup>st</sup>& 2<sup>nd</sup> August 2015 on Understanding Susceptibility ThroughThe Study Of The Essential Evolutionary Totality& Its Application In Homoeopathic Practice. Venue at 'Anjoy –The Retreat', 85/A, Sampatrao Colony, Opp. Chhappanbhog,Off B P C road, Alkapuri, Vadodara, Gujarat, India. Total **192** peoples attended this program.

**ICR SYMPOSIUM – Mumbai** on 11<sup>th</sup> to 13<sup>th</sup> December 2015 on *Global Developmental Delay In Children: What Can Homoeopathy Offer? Understanding Forays Of Clinicians Into The Treatment Of 'Lost' Causes.* Venue at *Hospital Auditorium, Sion (W), Mumbai.* Total **200** peoples attended this program.

**ICR SYMPOSIUM – Pune** on 11<sup>th</sup> to 13<sup>th</sup> March 2016 on "Perceiving The Essence Of A Drug And It's Comparative EvolutionIn Homoeopathic Prescribing". Venue at Auditorium 8<sup>th</sup> floor, Deenanath Mangeshkar hospital, Erandwane, off Karve road,Pune. Total **212** peoples attended this program.

## Urban Charitable Clinics Activities 2015-16

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Dr. M. L. Dhawale Memorial Trust since 1991 has been providing cost effective healthcare through Homoeopathy for the socio-economically backward and needy people of the urban community. Currently we have 6 Homoeopathic Charitable Clinics in Mumbai and its suburbs The Homoeopathic Physicians trained in Institute of Clinical research are appointed by the Trust attend to the clinical services.

**Table 1: Urban clinics Patient Data for the year 2015-16**

Branches	Patients			
	New	F/U	Screenings	Total Pt
Jogeshwari	62	1766	325	2153
Mahul	241	7316	322	7879
Deonar	48	1224	91	1363
Santacruz	38	1490	65	1593
Ghansoli	49	1648	215	1948
Mulund	10	200	25	235
<b>Total</b>	<b>448</b>	<b>13644</b>	<b>1043</b>	<b>15, 171</b>

### **MULUND CLINIC**

- Dr. MLD Trust clinic in Mulund is supported by Nirmaladevi Jain Charitable Trust. We have been able to reach out the lower and middle economic class in mulund west .
- Drs. Bhavana Thakkar and Vivek Kadam attend the clinic for 3 days respectively.
- The majority of the cases visiting to the clinic are of back and joint pains, complaints of gastric and respiratory ailments .
- We plan to conduct camps for awareness of Homoeopathy and undertake screenings in the adjacent school, the talks for which are already on.

**Timings: Tuesday, Thursday, Saturday 5:00 – 7:00 pm**

**Wednesday and Friday: 4:00-6:00 pm**

**Address: NS Jain Charitable Medical Centre, Mulund(W), Mumbai-80.**

### **SANTACRUZ CLINIC**

- This charitable set up of Dr. MLD Trust has been functioning in the premises of Sane Guruji Arogya Mandir. The clinic has been ably supported by the Trustee of the school, Hegde Sir.
- Drs Sneha Seth and Saima Modak are attending the clinic for two days respectively.
- The clinic caters to the children studying in Sane Guruji Vidya mandir, along with the people in the adjoining slum area.
- The physicians have been seeing cases of children with recurrent chest infections along with cases of joint and back pain.
- We also plan to take up screening camps for children and adults in the coming year.

#### **Timings of the Clinic:**

**Monday: 12:30 pm- 3:30p ,Thursday: 10:00am- 1:00pm**

**Tuesday and Friday: 11.30 am- 2.30 pm**

**Address: Sane Guruji Vidya Mandir, Near Santacruz Bus Depot, Santacruz (W), Mumbai-400 054.**

### **JOGESHWARI CLINIC**

- We take pride in reporting that this clinic was the first Urban charitable Centre of MLDT. We have been able to cater to the vast slum of Bandra plot, and the patients here are ever increasing.
- Drs Sweta Tambolkar and Rupali Kate are attending the clinic for three days respectively.
- The general cases which are seen are of skin warts, allergies along with cases of fissures, haemorrhoids. Respiratory diseases like asthma are predominantly seen.
- This clinic is in a need for repairs which we plan to complete before the coming monsoon. We have made a general appeal to all our well wishers to come forward and make generous donations for a worthy cause.

**Timings of Clinic: All days except Sunday :6.00 pm- 9.00pm**

**Address: Fiaz Mohd Chawl, Coloba Plot Janta Colony, Jogeshwari, Nr. Zula Maidan, Jogeshwari, Mum-60.**

### **MAHUL CLINIC**

- Dr. MLD Trust has been running this clinic in Mahul since the past 25 years with the support of BPCL.
- Drs Manisha Nadkarni Kanchan Rajpal and Minal Parab attend the clinic each for two days respectively.
- The clinic has been seeing a good amount of knee joint cases this year with patients responding well in acute renal pain as well. There has also been a rise in cases of back pain and heart conditions.
- Taking the above into consideration, the Trust, along with BPCL had conducted a Camp for the orientation and screening of Knee joint complaints. The response of the residents of Mahul gaon was over-whelming. The Trust plans to take up more such activities of this order with the BPCL in the coming year for the benefit of community.

**Timings: Monday - Friday 10.00am to 1.00pm / Saturday: 1.30- 4.30 pm**

**Address: BPCL's Homoeopathic Clinic, Near Balwadi, Mahul gaon, Mumbai -400074.**

### **GHANSOLI CLINIC**

- DR. MLD Trust operates the charitable clinic here, which is supported by Savankripal Ruhani Mission.
- This clinic is attended by Dr Manish Dube.
- Dr. Dube has been seeing a lot of cases related to the joints and back pain, skin complaints and pediatric cases.

**Timings of the Clinic: Monday and Wednesday 2:00 - 4:00 pm**

**Address: Savankripal Ruhani Mission, Rajinder Ashram, Sector -1, Ghansoli.**

### **DEONAR CLINIC**

- This clinic, run by Dr. M.L. Dhawale Trust is set up in the premises of Kumud Vidya Mandir High School. The Trustees of the school have been gracious enough to provide a spacious room to facilitate our functioning.
- Drs. Pradip Dhole and Leena Chopra attend the clinic.
- The clinic has been regularly participating in annual health check up of students of the pre- primary.
- The clinic has been seeing variety of cases of complaints relating to the skin, back and joint pains, along with learning and behavioural problems in children.

**Timings of the Clinic: Thursday and Friday Morning 9.30- 12.00pm**

**Monday and Tuesday Afternoon 1.30-4.30pm**

**Address: Kumud Vidya Mandir, Deonar Gaon, Govandi.**

We will continue to offer quality services in healthcare in cost effective manner to the needy urban community. Donations are welcome for the worthy cause to participate in the activities to promote positive health in community

## CENTRE OF EXCELLENCE RURAL HOMOEOPATHIC HOSPITAL, PALGHAR

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### A. ARCHITECTURAL PLANNING OF THE NEW WING

**Building Construction:** The building with its structure of basement, ground plus 2 floors is completed. The total area constructed is about 35000 sq ft. The various departments sanctioned under Centre of Excellence Scheme have been furnished, and are in use.

The Wing is due for a formal inauguration and the Hon MoS, Ministry of Ayush, has kindly consented to be the Chief Guest on 5th June 2016.

### B. PULMONOLOGY DEPARTMENT

#### Statistics of the Pulmonology Department: April 2015 to March 2016

Month	No. of New Case in OPD	No. of Follow UP	No. of PFT	No. of X-ray	No. of New Case in IPD
Apr 2015 – Mar 16	75	1801	46	2110	60

#### Adult Patients seen in the OPD

Allergic rhinitis

Bronchial asthma

Allergic Bronchitis

COPD

Asthmatic Bronchitis

Recurrent nasopharyngitis

Reproduced below are a couple of cases managed in the IPD under Pulmonology Department.

A 2-day CME in Pulmonology sponsored by Ministry of Ayush was held in December 2015.

### C. PSYCHIATRY DEPARTMENT 2015-16

Dr. M. L. Dhawale Homoeopathic institute's Department of Psychiatry has been in to various activities since the time of its inception. They are broadly categorized in 2 parts, viz. Hospital based which are mainly OPD and IPD and Community activities in terms of School Mental Health programme and Community awareness and outreach programmes.

Psychiatry OPD runs all days in week where General psychiatry is exclusively on Tuesday, Thursday and Friday, Psychosomatic OPD on Wednesdays, Child OPD on Saturday and community work on Monday and Thursday.

Anukampa', the psychiatry IPD ward, was inaugurated on 27<sup>th</sup> Oct' 2015; by Mr. ArunDoshi, Director, KairavChemopharma Industries Ltd and Dr. AnanthVaidynathan, Director Regulatory affairs, Bliss Pharma This is a unique initiative to extend the care to

the community with compassion and love. The ward is fully complete with a team of consultants, Homeopathic Psychiatrists, Physician, Physiotherapist, Neuro-Physiotherapist, Occupational Therapist, Clinical Psychologist, Counselor and Medical Social worker.

The Anukampa ward has been getting a good response since its inauguration and a variety of cases are being managed purely with Homeopathic interventions. The ward has few cold cases of Schizophrenia, Parkinsonism and Alcohol Detoxification and De-Addiction.

The Department is being fully equipped with investigations like EEG, EMG-NC studies and Psychometric assessment, etc.

This department has 4 Medical Officers who have taken responsibility of each activity and PG residents are exposed to valuable experience of hospital and community based practice.

In the hospital based practice, students are exposed to OPD/IPD work and they are benefitted with the rich clinical experience. Table 1 and 2 will give idea of the number of patients seen in the department and Table 3 and 4 will give an idea of the number to psychiatric conditions visiting the campus.

#### Psychiatry Department Patient Data

April 2015-March 16	New Cases	Follow up	IPD
Total	184	5773	300

#### Psychiatry Patient Statistics

Month	OPD New Cases	OPD Follow Up	Alcohol OPD New Cases	Alcohol Follow Up	IPD CASES	IPD Alcohol
Total	184	5773	6	160	300	71

**Clinical conditions observed and treated in IPD and OPD are 483 cases.**

Departmental faculty is involved in each activity which are planned with Medical Officer who have been equally active in academics, participating in different seminars/forums thus creating awareness about Psychiatry and Homoeopathy in the country and publishing the case experiences in various national journals.

**Academics :** Under the academic activity of the department in year '15 a 3- day Symposia was organized by the department on 11-13th December 2015 on evolving and evaluating the homoeopathic approach to *“Global Developmental Delay In Children: What can Homoeopathy Offer? Understanding Forays of Clinicians into the Treatment of ‘Lost’ Causes”* at the Sion Hospital Auditorium. The symposium was a great success and was attended by 210 participants comprising of Homoeopathic interns, post graduate students and students attending ICR regular course, Homoeopathic practitioners from all around. Total of 21 cases of different varieties were presented: 5 cases of Cerebral Palsy, 1 case of Metabolic disorder, 6 cases of GDD, 4 cases of Slow Learners and 5 cases of Mild Mental Retardation which together covered the entire spectrum of Global Developmental Delay.

**Presentations:** Faculty also had number presentations at different places

**Presentations of Department of Psychiatry**

Sr. No	Faculty member	Date of presentation	Topic	Place
1.	Dr. Manoj Patel	19 <sup>th</sup> .June 2016	Case receiving; importance of knowing Mind	Sarda Krishna HMC, Marthandum, Kerala
		20 <sup>th</sup> & 21 <sup>st</sup> . June 2015	Importance of event analysis in study of Mind.	ICR Homeopathic study circle; Marthandam Kerala
		15 <sup>th</sup> . August 2015	Workshop on life space table	ICR MLDMHI Bangalore, Karnataka
		9 <sup>th</sup> .to 11 <sup>th</sup> .oct	/Psychiatric Emergency & Homeopathic management	International Homoeopathic Conference , Asian homeopathic league (AHML)Mumbai Maharashtra
		September 2015 & Jan 2016	Importance of essential Evolutionary study	Dr Batras Academy Pvt Ltd Mumbai, Maharashtra
		September 2015	Role of Homoeopathy in The National Mental Health Programme: A Holistic Initiative	CRIKottayam, Kerala
		Oct 2015	Event analysis key to successful homeopathic prescribing	HAMAI Chandrapur unit Chandrapur Maharashtra
		November 2015	Importance of case centric study	At Jabalpur homeopathic college Jabalpur Madhya Pradesh
		28 <sup>th</sup> . February 2016	The importance of evolutionary & cross sectional study for understanding the Mind of patient in state of health & disease presentation of case of Pemphigus	At Homoeopathic Education and Research Institute Mumbai Maharashtra
2.	Dr.SunitaNikumbh	24 <sup>th</sup> April'15	Awareness programmes for Teachers	Rehabilitation department , RHH, Palghar Maharashtra
		24-	Understanding	ICR Symposium

		26August'15	susceptibility through EET	MKSHMC; MLDMHI, Vadodara
		26 <sup>th</sup> Sep'15	AnanadmayVardhkaya, On Graceful Aging	MLDMHI , Department of Geriatrics
		10 <sup>th</sup> October'15	Mental Health and mental Hygiene	CSIBER , Institute , Kolhapur
		10 <sup>th</sup> October'15	School Mental HealthProgramme- Celebration on World Mental Health Day	MLDMHI, ICR Study group, Kolhapur Maharashtra
		30 <sup>th</sup> - Oct'15- 1 <sup>st</sup> Nov'15	Understanding personality through EET	MLDMHI, Bangalore Study group , Bangalore Karnataka
		11-13rd Dec'15	Global Developmental Delay in Children: What can Homoeopathy offers ?	ICR Symposium at Sion Hospital Mumbai. Maharashtra
3.	Ms.SayaliChuri	24 <sup>th</sup> April'15	Awareness programmes for Teachers	Rehabilitation department , RHH,Palghar Maharashtra

### Seminar/ Conferences attended by Faculty of Psychiatry Department

Sr. No	Faculty member	Date of Seminar/ Conferences	Topic	Place
1.	Dr. Manoj K. Patel	1-3 August'15	Understanding susceptibility through EET	ICR Symposium at Vadodara
		11-13rd Dec'15	Global Developmental Delay in Children: What can Homoeopathy offer?	ICR Symposium at Sion Hospital Mumbai.
		28 <sup>th</sup> Feb-2 <sup>nd</sup> March'16	Perceiving the essence of the drug and its comparative evolution in Homoeopathic Prescribing	ICR Symposium, at DinanathMangeshkar Auditorium, Pune
2.	Dr.SunitaNikumbh	1-3 August'15	Understanding susceptibility through EET	ICR Symposium at Vadodara
		11-13rd	Global	ICR Symposium at Sion ;



		Dec'15	Developmental Delay in Children: What can Homoeopathy offers?	Hospital Mumbai.
		8-11 Jan'16	CCH Seminar	Delhi
		28 <sup>th</sup> Feb-2 <sup>nd</sup> March'16	Perceiving the essence of the drug and its comparative evolution in Homoeopathic Prescribing	ICR Symposiun, at DinanathMangeshkar Auditorium, Pune

**Table 9: Publications in the Journal**

Sr. No	Name of the authors	Subject of Paper	Name of Journal	Date and vol.nos. of publication
1	Dr Kumar M Dhawale and Dr.MadhaviTamboli	Case of Learning Disability Managed by Arg- nit	National Journal of Homeopathy	Vol-17, No-09, September 2015
		My Mother loves My Sister More	National Journal of Homeopathy	Vol-18, No-02 February 2016
2	Dr.SunitaNikumbh	It's my life: Understanding Psychodynamics in DM and Endocrinal Disorders	National Journal of Homeopathy	Vol-17, No-08, August'15
		<i>When will I get married?</i>	National Journal of Homeopathy	October '15
		<i>Developmental Delay In Children: What can Homoeopathy Offer? Understanding Forays of Clinicians into the Treatment of 'Lost' Causes'11-13 December 2015</i>	National Journal of Homeopathy	Vol-18, No-02, February'16
		<i>Report on ICR Pune symposium</i>	National Journal of Homeopathy	

## COMMUNITY PSYCHIATRY

### AT COMMUNITY LEVEL

- MLDMHI has a "Diabetes Club" functioning since many years. The Department of Psychiatry was invited to present a topic, 'Diabetes & Stress Management on 'During the session the relationship of stress connected with Diabetes. It was discussion session where they were oriented about different ways of managing stresses.

## SCHOOL HEALTH PROJECT ACTIVITIES April'15- March'16

The Department of Psychiatry has been working in collaboration with Tarapur Atomic Power Society in the field of School Mental Health under the project of "Holistic Child Care" since the year 2011-2012. We have been working with Jeevan Vikas Education Trust's Shigaon Ashram School, Dr.HomiBhabha High School and DelvadiVibhag High School, Delvadi. This Academic year also we were privileged to work together on the same project.

### **Salient features of the project in this year:**

- I. Follow ups of the students already under treatment has been continued.
- II. Screening of the new students from DelvadiVibhag High School and Shigaon Ashram School was done.
  - I. Follow up of all the students from the three schools, who are already under treatment, was continued. A detailed report of the follow ups is attached here with.
  - II. The primary Physical and Psychological **screening** of the new students from DelvadiVibhag High School (all the students) and Shigaon Ashram School (5<sup>th</sup> standard) was done.

### **Summary:**

Over the period of one year there was a marked improvement noticed in the physical and behavioural complaints of the students and a little improvement in the academic complaints. There is requirement of Remediation and frequent inputs for the students to achieve a significant level of improvement in the academic complaints.

## **D. RESEARCH DEPARTMENT**

### **Objectives for year 2015 -16**

- To impart research methodology knowledge useful for homoeopathic research to PG students, PhD scholars and homoeopathic practitioners.
- To undertake pilot clinical research studies.

### **Basic Research Methodology Workshop:**

The Institute has continued to disseminate the knowledge of research methodology for homoeopathic PG students, PG guides and Practitioners and PhD scholars. MUHS has developed a curriculum for Basic Research Methodology Workshop for teachers and students. Research department of MLDMHI has implemented these workshops in the following colleges.

Following is the approved faculty from MUHS to conduct these workshops

1. Dr. Kumar Dhawale
2. Dr. Prashant Tamboli
3. Dr.Devangini Broker
4. Dr.AnoopNigwekar
5. Dr.Bipin Jain

- **Number of 12 Research methodology Workshops for Teachers and Students were conducted and total participants were 441.**

**In House Research training:**

- Two Postgraduate students of the MLDMHI have joined the fellowship programme of Junior Research Fellow from September 2014. Two students had taken up in house projects. One student had taken up project related to Paediatrics and second had taken up topic related to medicine.

**In House Research Projects:**

- Role of Homoeopathy in subclinical Hypothyroidism
- Action of Homoeopathic Medicine on Insulin resistance

**E. DEPARTMENT OF MEDICAL INFORMATICS**

MIS system which records all clinical activity is in place in 5 centres. This system integrates the medical data from the Hospitals at Palghar, Bhopoli, Malad and Dahisar and the OPD and community activities from Pune, Mumbai Urban clinics. It gives a lot of insight in patient management and academic & research development since the information is collected in a standardized way.

**Hospital Information & Management Software:**

HIMS software has been implemented in the following hospitals

- Rural Homoeopathic Hospital, Palghar
- BMC's Mother & Child Care Centre, Dahisar
- Dr M L Dhawale Medico-Surgical Hospital, Malad
- Smt. JankiBachhubhaiDubeHospital, Bhopoli
- Smt. MaliniKishorSanghvi, Sumeru, Vadodara

A large amount of qualitative and quantitative information is available about patient.

Regular analysis in terms of diagnosis, remedy, miasmaticstatus are done. This helps the student in planning their synopsis and data collection for their dissertations.

**Table 15: Number of Patient information available online**

Hospitals	Number of Patients in HIMS
Rural Homoeopathic Hospital, Palghar	64,790
BMC's Mother & Child Care Centre, Dahisar	12,678
Dr M L Dhawale Medico-Surgical Hospital, Malad	6,789
SmtJankiBachhubhaiDube Hospital, Bhopoli	9,809
Smt. MaliniKishorSanghviSumeru, Vadodara	22,567
<b>Total</b>	<b>1,16,633</b>